

# Recommended Academic Plan for Physical Therapist Assistant

Associate in  
Applied Science  
Degree



This plan is a suggested semester-by-semester plan. It is designed to keep you on track for a timely graduation. This plan is not a substitute for academic advising. Contact an advisor for further information regarding placement based on ACT/SAT or COMPASS exam scores, scheduling, degree requirements, and graduation requirements.

**\*The Physical Therapist Assistant Program has additional admission criteria that must be met in order to enroll in the PTA courses. Contact an advisor for specific information and to submit an application to the PTA Program. Additional information is also available at [http://www.stlcc.edu/Programs/Physical\\_Therapist\\_Assistant/](http://www.stlcc.edu/Programs/Physical_Therapist_Assistant/)**

Semester 1				
Course	Credits	Prerequisite	Milestone/Notes	Completed
BIO:207 Anatomy and Physiology I	4	BIO:111 or 1 year of HS bio and 1 year of chem within the last five years		
COM:101 Oral Communications	3	CoRq RDG:030 or ENG:070		
PSY:200 General Psychology	3			
PSY: 205 Human Growth and Development OR PSY:203 Child Psychology	3	PSY:200		
PTA:100 Introduction to PTA	2			
*Physical Education Elective	1		1 credit PE must be an activity credit	
<b>Subtotal</b>	<b>16</b>			

Semester 2				
Course	Credits	Prerequisite	Milestone/Notes	Completed
BIO:208 Anatomy & Physiology II	4	BIO:207 with a grade of "C" or higher		
BIO:209 Kinesiology	3	BIO:207 with a grade of "C" or higher		
SOC:201 Aspects of Aging	3	SOC:101, PSY:200 or HMS:100		
PTA:214 Data Collection & Intervention Techniques	4	BIO:209 or CoRq BIO:209		
ENG:100 Career English OR ENG:101 College Composition I	3	ENG:030 & CoRq RDG:030 ENG:030 & CoRq RDG:030	ENG:101 is recommended	
*Physical Education Elective	1		1 credit PE must be an activity credit	
<b>Subtotal</b>	<b>18</b>			

Summer				
Course	Credits	Prerequisite	Milestone/Notes	Completed
PTA:105 Fundamentals of PTA	4	PTA:214		
PTA:215 Medical Conditions in Rehabilitation	3	BIO:207		
*Social and Behavioral Sciences Elective that meets the MO State requirement	3			
<b>Subtotal</b>	<b>10</b>			

Semester 3				
Course	Credits	Prerequisite	Milestone/Notes	Completed
PTA:211 Physical Agents	3	PTA:105		
PTA:212 Therapeutic Exercise & Rehab Concepts I	7	PTA:105		
PTA:104 Clinical Experience I	2	PTA:105		
<b>Subtotal</b>	<b>12</b>			

Semester 4				
Course	Credits	Prerequisite	Milestone/Notes	Completed
PTA:213 Therapeutic Exercise & Rehab Concepts II	2	PTA:212	Apply for graduation	
PTA:208 Health Occupation Seminar	2	PTA:104		
PTA:216 Clinical Education IIA	4	PTA:213		
PTA:217 Clinical Education IIB	4	PTA:216		
<b>Subtotal</b>	<b>12</b>			

**Total Hours in the Program: 68**

\*See Catalog for classes that will fulfill the elective requirements [http://www.stlcc.edu/Admissions\\_and\\_Registration/Course\\_Catalog.html](http://www.stlcc.edu/Admissions_and_Registration/Course_Catalog.html) or the Physical Therapist Assistant web page [http://www.stlcc.edu/Programs/Physical\\_Therapist\\_Assistant/](http://www.stlcc.edu/Programs/Physical_Therapist_Assistant/)

**Maximize your transfer credits/classes by meeting with an academic advisor.**

## Physical Therapist Assistant AAS Quick Checklist

Courses	Credit Hours	Notes
<b>GENERAL EDUCATION</b>		
ENG:100 Career English OR ENG:101 College Composition I		
COM:101 Oral Communications		
PSY:200 General Psychology		
PSY: 205 Human Growth and Development OR PSY:203 Child Psychology		
SOC:201 Aspects of Aging		
*Social and Behavioral Sciences Elective that meets the MO State requirement		
BIO:207 Anatomy and Physiology I		
BIO:208 Anatomy & Physiology II		
BIO:209 Kinesiology		
<b>PHYSICAL EDUCATION 2 credit hours</b> At least one credit must be an activity		
<b>REQUIRED COURSES</b>		
PTA:100 Introduction to PTA		
PTA:104 Clinical Experience I		
PTA:105 Fundamentals of PTA		
PTA:208 Health Occupation Seminar		
PTA:211 Physical Agents		
PTA:212 Therapeutic Exercise & Rehab Concepts I		
PTA:213 Therapeutic Exercise & Rehab Concepts II		
PTA:214 Data Collection & Intervention Techniques		
PTA:215 Medical Conditions in Rehabilitation		
PTA:216 Clinical Education IIA		
PTA:217 Clinical Education IIB		

For more information, please see <http://www.stlcc.edu/Programs/Degrees> or consult the College Catalog at [http://www.stlcc.edu/Admissions\\_and\\_Registration/Course\\_Catalog.html](http://www.stlcc.edu/Admissions_and_Registration/Course_Catalog.html)

### Advisor Contact Information

Name  
Phone  
Email

# Physical Therapist Assistant – AAS

Associate in Applied Science Degree

Total Hours Required: 68

## PROGRAM CONTACT(S):

Julie High, AS 109 (314-984-7385), [jhigh@stlcc.edu](mailto:jhigh@stlcc.edu)

EFFECTIVE: Spring 2006  
0608-

07

<http://cte.stlcc.edu/physical-therapist-assistant/>

**NOTE: This is a selective program. All students interested in this program should consult with an Academic Advisor for PTA concerning specific criteria for admission (314-984-7526).**

Some degree and certificate programs offered by the College require students to obtain clinical or other field experience as part of their course work. Students with criminal convictions or drug use may have difficulty progressing in these programs. Hospitals and facilities may mandate that a criminal background check and / or drug screening check (at the student's expense) be conducted prior to placement in a clinical or field setting. Students not passing these checks may be prohibited from participating in the clinical or field experience thus rendering the student ineligible to satisfactorily meet the course / program requirements.

## COMMUNICATIONS: 6 credits

- \_\_\_ ENG101 College Composition I (3 crs) **OR** ENG100 Career English (3 crs)
- \_\_\_ COM101 Oral Communication (3 crs)

## SOCIAL SCIENCE: 12 credits

- \_\_\_ Missouri Requirement (3 crs) *See Approved General Education*

*List*

- \_\_\_ PSY200 General Psychology (3 crs)
- \_\_\_ PSY205 Human Growth and Development (3 crs) **OR** PSY203 Child Psychology (3 crs)
- \_\_\_ SOC201 Aspects of Aging (3 crs)

## SCIENCE: 11 credits \*Prerequisite required – see reverse side

- \_\_\_ \*BIO207 Anatomy and Physiology I (4 crs) [C grade required]
- \_\_\_ BIO208 Anatomy and Physiology II (4 crs) [C grade required]
- \_\_\_ BIO209 Kinesiology (3 crs) [C grade required]

**NOTE: BIO209 may NOT be repeated more than once.**

## PHYSICAL THERAPIST ASSISTANT: 37 credits

- \_\_\_ PTA100 Introduction to Physical Therapist Assistant (2 crs)
- \_\_\_ PTA214 Data Collection and Intervention Techniques for the PTA (4 crs)
- \_\_\_ PTA105 Fundamentals of Patient Care for the PTA (4 crs)
- \_\_\_ PTA104 Clinical Experience I (2 crs)
- \_\_\_ PTA211 Physical Agents (3 crs)
- \_\_\_ PTA212 Therapeutic Exercise & Rehabilitation Concepts I (7 crs)
- \_\_\_ PTA215 Medical Conditions in Rehabilitation (3 crs)
- \_\_\_ PTA208 Health Occupation Seminar (2 crs)
- \_\_\_ PTA213 Therapeutic Exercise & Rehabilitation Concepts II (2 crs)
- \_\_\_ PTA216 Clinical Education II A (4 crs)
- \_\_\_ PTA217 Clinical Education II B (4 crs)

**NOTE: No PTA course may be repeated more than once.**

## PHYSICAL EDUCATION: 2 credits (one activity course required)

- \_\_\_ \_\_\_\_\_
- \_\_\_ \_\_\_\_\_

**ATTENTION: Admission and degree requirements are subject to change without advance notice.**

**UNSPECIFIED ELECTIVE: none required  
SCIENCE**

\* Required prerequisite:

BIO111 Introductory Biology (4 crs) with C grade of higher

**OR** the college equivalent with C grade or higher

**OR** one year of high school chemistry **and** one year of high school biology with C grade or higher in each course, within last 5 years

**SEMESTER SEQUENCE**

<b>First Semester (Fall)</b>	<b>Credits</b>	<b>Second Semester (Spring)</b>	<b>Credits</b>
BIO207 Anatomy and Physiology I	4	BIO208 Anatomy and Physiology II	4
PSY200 General Psychology	3	BIO209 Kinesiology	3
PSY205 Human Growth and Development	3	SOC201 Aspects of Aging	3
<b>or</b> PSY203 Child Psychology	3	ENGXXX English Requirement	3
COM101 Oral Communication	3	PTA214 Data Collection and Intervention	
PTA100 Introduction to PTA	2	Techniques for the PTA	4
PE XXX Physical Education	<u>1</u>	PE XXX Physical Education	<u>1</u>
	16		18

<b>Summer</b>	<b>Credits</b>
PTA105 Fundamentals of Patient Care for the PTA	4
Missouri Requirement	3
PTA215 Medical Conditions in Rehab	<u>3</u>
	10

<b>Third Semester (Fall)</b>	<b>Credits</b>	<b>Fourth Semester (Spring)</b>	<b>Credits</b>
PTA211 Physical Agents	3	PTA213 Therapeutic Exercise and	
PTA104 Clinical Experience I	2	Rehabilitation Concepts II	2
PTA212 Therapeutic Exercise and		PTA216 Clinical Education II A	4
Rehabilitation Concepts I	<u>7</u>	PTA217 Clinical Education II B	4
	12	PTA208 Health Occupation Seminar	<u>2</u>
			12

**NOTE:** Admission and degree requirements are subject to change **without** advance notice.  
**NO** PTA course or BIO209 may be repeated more than once.