

# Recommended Academic Plan for Occupational Therapy Assistant

Associate in  
Applied Science  
Degree



This plan is a suggested semester-by-semester plan. It is designed to keep you on track for a timely graduation. This plan is not a substitute for academic advising. Contact an advisor for further information regarding placement based on ACT/SAT or COMPASS exam scores, scheduling, degree requirements, and graduation requirements.

**\*The Occupational Therapy Assistant Program has additional admission criteria that must be met in order to enroll in the OTA courses. Contact an advisor for specific information and to submit an application to the OTA Program. Additional information is also available at [http://www.stlcc.edu/Programs/Occupational\\_Therapy\\_Assistant/](http://www.stlcc.edu/Programs/Occupational_Therapy_Assistant/)**

Semester 1				
Course	Credits	Prerequisite	Milestone/Notes	Completed
BIO:207 Anatomy and Physiology I	4	BIO:111 or 2 semesters of HS biology and chemistry with labs within previous 5 years.		
OTA:101 Fundamentals of OTA I	3			
OTA:103 Adaptive Activities I	2			
PSY:200 General Psychology	3			
PSY:205 Human Growth and Development	3	PSY:200		
ENG:100 Career English OR ENG:101 College Composition I	3	ENG:030 or ENG:070 or CoRq RDG:030 ENG:030 or ENG:070 or CoRq RDG:030		
<b>Subtotal</b>	<b>18</b>			

Semester 2				
Course	Credits	Prerequisite	Milestone/Notes	Completed
BIO:208 Anatomy and Physiology II	4	BIO:207		
BIO:209 Kinesiology	3	BIO:207		
SOC:201 Aspects of Aging	3	SOC:101, PSY:200 or HMS:100		
OTA:102 Fundamentals OTA II	4	OTA:101, OTA:103, PSY:200, PSY:205		
OTA:207 Health and Disease	4	OTA:101, OTA:103, BIO:207 PSY:200, PSY:205		
OTA:104 Adaptive Activities II	2	OTA:101, OTA:103, PSY:200, PSY:205		
<b>Subtotal</b>	<b>20</b>			

Summer				
Course	Credits	Prerequisite	Milestone/Notes	Completed
COM:101 Oral Communication I	3	CoRq RDG:030 or ENG:070		
*Social and Behavioral Sciences Elective that meets the MO State requirement	3			
*Physical Education Elective	2		1 PE credit must be an activity credit	
<b>Subtotal</b>	<b>8</b>			

Semester 3				
Course	Credits	Prerequisite	Milestone/Notes	Completed
OTA:203 Fundamentals of OTA III	4	OTA:102, OTA:207, OTA:104, CoRq OTA:208		
OTA:204 Fundamentals of OTA IV	4	OTA:102, OTA:207, OTA:104		
OTA:208 Adaptive Living Skills	2	OTA:102, OTA:207, OTA:104, BIO:208, BIO:209, SOC:201, CoRq OTA:203		
OTA: 215 Management of Occupational Therapy	2	OTA:102, OTA:207, OTA:104		
<b>Subtotal</b>	<b>12</b>			

Semester 4				
Course	Credits	Prerequisite	Milestone/Notes	Completed
OTA:213 OTA Practicum I	4	OTA:203, OTA:204, OTA:208, OTA:215, CoRq OTA:216	Apply for graduation	
OTA:214 OTA Practicum II	4	OTA:203, OTA:204, OTA:208, OTA:215 CoRq OTA:216		
OTA:216 Level II Fieldwork Seminar	1	OTA:203, OTA:204, OTA:208, OTA:215 CoRq OTA:213, OTA:214		
<b>Subtotal</b>	<b>9</b>			

**Total Hours in the Program: 67**

\*See Catalog for classes that will fulfill the elective requirements [http://www.stlcc.edu/Admissions\\_and\\_Registration/Course\\_Catalog.html](http://www.stlcc.edu/Admissions_and_Registration/Course_Catalog.html) or the Occupational Therapy Assistant web page [http://www.stlcc.edu/Programs/Occupational\\_Therapy\\_Assistant/](http://www.stlcc.edu/Programs/Occupational_Therapy_Assistant/)

**Maximize your transfer credits/classes by meeting with an academic advisor.**

<b>Occupational Therapy Assistant AAS Quick Checklist</b>		
<b>Courses</b>	<b>Credit Hours</b>	<b>Notes</b>
<b>GENERAL EDUCATION</b>		
ENG:100 Career English OR ENG:101 College Composition I		
COM:101 Oral Communication I		
Missouri State Requirement		
SOC:201 Aspects of Aging		
PSY:200 General Psychology		
PSY:205 Human Growth and Development		
BIO:207 Anatomy and Physiology I		
BIO:208 Anatomy and Physiology II		
BIO:209 Kinesiology		
<b>PHYSICAL EDUCATION 2 credit hours</b> At least one credit must be an activity		
<b>AREA OF CONCENTRATION</b>		
OTA:101 Fundamentals of OTA I		
OTA:103 Adaptive Activities I		
OTA:102 Fundamentals OTA II		
OTA:207 Health and Disease		
OTA:104 Adaptive Activities II		
OTA:203 Fundamentals of OTA III		
OTA:204 Fundamentals of OTA IV		
OTA:208 Adaptive Living Skills		
OTA: 215 Management of Occupational Therapy		
OTA:213 OTA Practicum I		
OTA:214 OTA Practicum II		
OTA:216 Level II Fieldwork Seminar		
OTA:213 OTA Practicum I		

For more information, please see <http://www.stlcc.edu/Programs/Degrees> or consult the College Catalog at [http://www.stlcc.edu/Admissions\\_and\\_Registration/Course\\_Catalog.html](http://www.stlcc.edu/Admissions_and_Registration/Course_Catalog.html)

<p><b>Advisor Contact Information</b></p> <p>Name</p> <p>Phone</p> <p>Email</p>
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