

Recommended Academic Plan for Dietetic Technology: Nutrition Care

Associate
of
Applied Science
Degree



This plan is a suggested semester-by-semester plan. It is designed to keep you on track for a timely graduation. This plan is not a substitute for academic advising. Contact an advisor for further information regarding placement based on ACT/SAT or COMPASS exam scores, scheduling, degree requirements, and graduation requirements. **All DIT courses must obtain a 75% or higher to continue to next DIT course**

Semester 1 - Fall				
Course	Credits	Prerequisite	Milestone/Notes	Completed
DIT:115 Principles of Nutrition	3	Reading requirement		
DIT:108 Food Preparation and Science Lecture	3	Reading requirement		
DIT:109 Food Preparation and Science Lab	2	DIT:108 or concurrent		
COM:101 Oral Communications	3	Reading requirement		
BIO:111 Introductory Biology I OR CHM:101 Fundamentals of Chemistry I	4/5	MTH:140 or CHM		
Subtotal	15/16			

Semester 2 - Spring				
Course	Credits	Prerequisite	Milestone/Notes	Completed
DIT:104 Clinical Nutrition	3	DIT:115		
DIT:225 The Cultural Feast: An Introduction to Food and Society	3			
ENG:101 College Composition I	3	College Level Writing		
Mathematics Elective	3		MTH:108 or higher MTH:140 recommended	
Physical Education Requirement	1		At least 1 credit must be an activity	
Subtotal	13			

Semester 3 - Summer				
Course	Credits	Prerequisite	Milestone/Notes	Completed
Social Behavioral Science Elective that meets the Missouri State requirement	3			
Subtotal	3			

Semester 4 - Fall				
Course	Credits	Prerequisite	Milestone/Notes	Completed
DIT:202 Medical Nutrition Therapy	3	DIT:104		
DIT:106 Food Management Practicum	3	Application and Acceptance	This is a supervised practice course – need to have sanitation exam and other items completed via the application process	
DIT:207 Quantity Foods	3	DIT:108, DIT:109		
DIT:214 Nutrition Through the Life Cycle	3	DIT:115		
Physical Education Requirement	1		At least 1 credit must be an activity	
Subtotal	13			

Semester 5 - Spring				
Course	Credits	Prerequisite	Milestone/Notes	Completed
PSY:200 General Psychology	3			
DIT:107 Clinical Nutrition Practicum	3	Application, competency exam and acceptance	This is a supervised practice course – need to successfully pass competency exam and other items completed via the application process	
DIT:210 Community Nutrition	3	DIT:202 preferred and Program Director Approval		
DIT:201 Food Systems Management	3			
DIT: New CAPSTONE Course	1		Take close to last semester	
DIT Elective	3		With Program Director approval	
Subtotal	16			

Semester 6 - Summer				
Course	Credits	Prerequisite	Milestone/Notes	Completed
DIT:209 Community Nutrition Practicum	4	Application and Acceptance	Apply for Graduation	
Subtotal	4			

Total Hours in the Program: 64/65

Dietetic Technology– AAS Quick Checklist

Courses	Credit Hours	Notes
GENERAL EDUCATION		
COM:101 Oral Communications		
BIO:111 Introductory Biology I OR CHM:101 Fundamentals of Chemistry I		
ENG:101 College Composition I		
Mathematics Elective		
Social Behavioral Science Elective that meets the Missouri State requirement		
PSY:200 General Psychology		
PHYSICAL EDUCATION 2 credit hours At least one credit must be an activity		
REQUIRED COURSES		
DIT:115 Principles of Nutrition		
DIT:108 Food Preparation and Science Lecture		
DIT:109 Food Preparation and Science Lab		
DIT:104 Clinical Nutrition		
DIT:225 The Cultural Feast: An Introduction to Food and Society		
DIT:202 Medical Nutrition Therapy		
DIT:106 Food Management Practicum		
DIT:207 Quantity Foods		
DIT:214 Nutrition Through the Life Cycle		
DIT:107 Clinical Nutrition Practicum		
DIT:210 Community Nutrition		
DIT:201 Food Systems Management		
DIT: New CAPSTONE Course		
DIT:209 Community Nutrition Practicum		
ELECTIVES		
DIT Elective		

*See Catalog for classes that will fulfill the elective requirements www.stlcc.edu/Programs/General_Education/

**Students completing STLCC's Missouri General Education requirements will receive verification on their transcripts that is recognized by all Missouri public colleges and universities except the University of Missouri-Columbia.

***It is your responsibility to verify that the courses listed above will transfer to the four-year institution of your choice.

Maximize your transfer credits/classes by meeting with an academic advisor.

For more information, please see stlcc.edu/Programs/Degrees or consult the College Catalog at stlcc.edu/Admissions_and_Registration/Course_Catalog.html

Advisor Contact Information

Name
Phone
Email