MENTAL HEALTHCARE

Crisis/Suicide Prevention Hotlines and Non-Crisis Warm Lines

Behavioral Health Response (BHR) (314) 469-6644
(800)-811-4760 / www.bhrstl.org
Crisis and Suicide Hotline

Compassionate Ear Warm Line (866) 927-6327
Non-Crisis Warm Line
4 PM to 10 PM: Monday – Sunday (English line)
4 PM to 7 PM: Monday – Friday (Spanish line)

Friendship Line (866) 525-1442
Non-Crisis Warm Line
7 AM to 5 PM - Weekdays
7 AM to 3 PM – Weekends

Friendship Line for Seniors (800) 971-0016
Crisis and Suicide Hotline for seniors

Kids Under Twenty One (KUTO) (314) 644-5886 www.kuto.org
Crisis and Suicide Hotline for Youth
4 PM to 10 PM: Sunday – Thursday
4 AM to 12AM: Friday – Saturday

Life Crisis Services (LCS) (314) 647-HELP (4357) / www.providentstl.org

National Suicide Prevention Lifeline (800) 273-TALK (8255)
www.suicidepreventionlifeline.org
Crisis and Suicide Hotline

TLC Warm Line (877) 626-0638
Non-Crisis Warm Line
4 PM to 10 PM: Monday – Sunday

Community Mental Health Centers and Supportive Services

ADAPT of Missouri www.adaptusa.com / (888) 657-3201
Outpatient mental health services including community support, clinical services, crisis services, housing, and day programs.

BJC Behavioral Health www.bjcbehavioralhealth.com / Intake Call Center and Referral Line (314) 729-4004
Outpatient mental health services for adults and children serving St. Louis City and County.

CenterPointe Hospital www.centerpointehospital.com / 1-800-345-5407
Inpatient and outpatient mental health services including treatment for patients with dual diagnosis and addictions.

Hopewell Center www.hopewellcenter.com / 314-531-1770
Outpatient mental health services for adult and children residing in North St. Louis County.

Independence Center www.independencecenter.org / (314) 533-4245
Outpatient mental health services including a clubhouse, residential programs, and psychiatry.

Places for People www.placesforpeople.org / (314) 535-5600
Outpatient mental health services including community support, homeless outreach, therapy, clubhouse, and housing.

St. Patrick Center www.stpatrickcenter.org / (314) 802-0700
Outpatient mental health services for homeless individuals, including case management, a day treatment program, and outreach.

Counseling and Support Groups

Mental Health America of Eastern Missouri (MHA) www.mha-em.org
MHA maintains comprehensive listings of counseling and support groups in the St. Louis area. The directory is available on their website.

National Alliance on Mental Illness (NAMI) – St. Louis www.nami.org
NAMI offers support groups for individuals with mental illnesses and their families. A listing of dates, times, and locations is available on their website.

United Way 2-1-1 / (800) 427-4626
The United Way keeps a list of support groups which can be accessed by calling or by searching online through their Get Help directory.