Spring 2015 Tennis and Golf
Golf: Beginning I
Learn the basic fundamentals of golf: grip, set up, mini-swing, full swing, putting and chipping. Class limit six. Extra fee for balls.

PEDU:730
4 Sessions | $45
801 Th 7pm-8pm March 26 – April 16 Golfport-Maryland Hgts
803 Sa 10am-11am March 28 – April 25 Golfport-Maryland Hgts
  No class 4/4
802 Th 6pm-7pm April 10 – May 21 Golfport-Maryland Hgts
800 Sa 10am-11am April 11 – May 2 Eagle Springs G.C.
810 W 7pm-8pm April 11 – April 22 Big Bend G.C.
811 M 5pm-6pm April 13 – May 4 Big Bend G.C.
812 Sa 10am-11am April 18 – May 16 Big Bend G.C.
813 Su 1pm-2pm April 26 – May 17 Big Bend G.C.
4 Sessions | $45 (Women only)
800 Sa 11am-12pm March 26 – April 16 Golfport-Maryland Hgts
804 Sa 11am-12pm May 2 – May 23 Golfport-Maryland Hgts
6 Sessions | $59
860 M 6:15pm-7:15pm March 2 – April 6 Robert Jeep
861 W 6:15pm-7:15pm March 4 – April 8 Robert Jeep
862 Sa 10:15am-11:15am Feb. 28 – April 11 Robert Jeep
863 Sa 10:15am-11:15am April 18 – May 30 Robert Jeep
880 Tu 7pm-8pm April 7 – May 12 The First Tee (Mehl)
881 W 6pm-7pm April 8 – May 13 The First Tee (Mehl)
882 Sa 10am-11am April 11 – May 16 The First Tee (Mehl)
890 M 7pm-8pm March 23 – April 27 Tower Tee
891 Th 6pm-7pm March 26 – April 30 Tower Tee
892 Sa 11am-12pm Feb. 14 – March 21 Tower Tee
12 Sessions | $109
870 TuTh 11am-12pm April 7 – May 14 Ruth Park G.C.

Golf: Parent/Child - 4 Sessions
Parent attends class with a child, ages 7-15. Registration required for each participant. Extra fee for balls.

PEDU:732 | $45
810 W 6pm-7pm April 1 – April 22 Big Bend G.C.
811 Su 12pm-1pm April 26 – May 17 Big Bend G.C.

Golf for Youth: Beginning I

KIDS:710 | $45
810 Sa 11am-12pm April 25 – May 16 Big Bend GC

Golf: Parent/Child - 4 Sessions
Parent attends class with a child, ages 7-15. Registration required for each participant. Extra fee for balls.

PEDU:732 | $45
810 W 6pm-7pm April 1 – April 22 Big Bend G.C.
811 Su 12pm-1pm April 26 – May 17 Big Bend G.C.

Golf: Parent/Child - 4 Sessions
Parent attends class with a child, ages 7-15. Registration required for each participant. Extra fee for balls.

PEDU:732 | $45
810 W 6pm-7pm April 1 – April 22 Big Bend G.C.
811 Su 12pm-1pm April 26 – May 17 Big Bend G.C.

Youth Golf Classes
Tennis: Beginning I (NTRP 1.0-2.0) - Vetta
See NTRP Rating Box. Tennis balls provided.
PEDU:733 | $69
M01 Tu 1pm-2pm Feb. 3 – March 17 Vetta-Concord
M02 Sa 2:30pm-3:30pm Feb. 7 – March 21 Vetta-Concord

Tennis: Beginning I & II (NTRP 1.0-2.5) - CAC
See NTRP rating Box. Tennis balls provided.
PEDU:734 | $69
M02 Su 10am-11am Jan. 25 – March 8 Chesterfield Ath. Club
M01 M 11am-12pm Jan. 26 – March 16 Chesterfield Ath. Club
No class 2/16

Tennis: Beginning II (NTRP 2.5)
See NTRP Rating Box. Tennis balls provided.
PEDU:734 | $69
M04 Sa 3:30pm-4:30pm Feb. 7 – March 21 Vetta-Concord
M03 Tu 1pm-2pm March 31 – May 12 Vetta-Concord
M05 Sa 3:30pm-4:30pm April 11 – May 30 Vetta-Concord
No class 5/23

Tennis: Intermediate I (NTRP 3.0)
See NTRP Rating Box. Tennis balls provided.
PEDU:735 9 hours | $89
M01 Th 8:30pm-10pm Feb. 12 – March 19 Woods Mill Racq. Club
M02 Th 8:30pm-10pm April 2 – May 7 Woods Mill Racq. Club
10.5 hours | $95
M04 Tu 2pm-3:30pm Feb. 3 – March 17 Vetta-Concord
M05 Th 2pm-3:30pm April 2 – May 14 Vetta-Concord
M06 Sa 4:30pm-6pm April 11 – May 30 Vetta-Concord
No class 5/23

National Tennis Rating Program (NTRP)

1.0 This player is just starting to play Tennis
2.0 May have had some lessons; needs on-court experience
2.5 Can sustain a short rally of slow pace; needs to develop form
3.0 Consistent on medium-paced shots; needs work on form and strategy
3.5 Consistent with directional control; needs to work on specialty shots
4.0 Dependable with directional control and depths has specialty shots. Needs to play more percentage tennis

Designations used as a tool to assist students when registering for Tennis classes:

Beginning I (1.0-2.0): Designed for beginners and those who have limited experience with basic Tennis strokes. Proper techniques of all strokes will be covered. Drills will be used and Tennis etiquette and rules will be discussed. Players will be grouped according to ability.

Beginning I and II (1.0-2.5): Designed for beginners and those who need to brush up on the basics. Techniques covered are forehand, backhand, serve, volley, basic strategy as well as drill exercises. Players will be grouped according to ability.

Beginning II (2.5): Further emphasized is proper stroke development and footwork through the use of drills. Tennis etiquette and rules will be reviewed. Constancy of stroke production is a major goal.

Intermediate I (3.0-3.5): A refresher on proper stroke execution. Drills are used and emphasis is on improved consistency and directional control. Strategy and some match play are covered.

Intermediate II to Advanced (3.5-4.0): This course includes more advanced drills, work on strategy and match play, with a goal of playing better percentage tennis.

Pickleball
Come join the fun! Pickleball is a fast-growing sport for many good reasons: it’s easy to learn and play, has simple rules, and is great exercise for all ages and abilities. Learn the basics of Pickleball then enjoy recreational play. Already know how to play Pickleball? Just register and come play! All equipment provided; dress appropriately for outdoor court.
PEDU:739 | $49
M01 M 5pm-5:55pm April 13 – May 18 Kennedy Rec. Complex
M02 M 6pm-6:55pm April 13 – May 18 Kennedy Rec. Complex
M03 Sa 9am-9:55am April 11 – May 16 Kennedy Rec. Complex
M04 Sa 10am-10:55am April 11 – May 16 Kennedy Rec. Complex
Accommodations Statement
St. Louis Community College is committed to providing access and reasonable accommodations for individuals with disabilities. If you have accommodation needs, please contact the Continuing Education Access office at the Meramec campus at least six weeks prior to the start of class to request accommodations. Event accommodation requests should be made with the event coordinator at least two working days prior to the event. Documentation of disability may be required. Contact Anne Marie Schreiber at 314-984-7704.

Notice of Non-Discrimination
St. Louis Community College is committed to non-discrimination and equal opportunities in its admissions, educational programs, activities and employment regardless of race, color, creed, religion, sex, sexual orientation, national origin, ancestry, age, disability, genetic information or status as a disabled or Vietnam-era veteran and shall take action necessary to ensure non-discrimination. For information contact:
Corporate College
Lesley English-Abram, Manager, Community Services
STLCC Corporate College, 3221 McKelvey Road, Bridgeton, MO 63044
314-539-5480

Call 314-984-7777 to register today!!!

Mail
Complete the registration form (below) and mail with check (payable to St. Louis Community College) to:
STLCC Continuing Education, 3221 McKelvey Road, Suite 250, Bridgeton, MO 63044
Students who register by mail should assume they are registered unless otherwise notified. A registration confirmation is mailed to students who register by mail; however, the confirmation may not be received prior to the beginning of the class. If you have enrollment questions, please call Continuing Education: 314-984-7777.

In Person at STLCC Continuing Education Offices M-F 8:30 am - 4 pm
Meramec
802 Couch Avenue
St. Louis, MO 63122
Florissant Valley
3400 Pershall Rd., Ferguson, MO 63135
Forest Park
5600 Oakland Ave., St. Louis, MO 63110
You may want to first call the Continuing Education office at 314-984-7777, to check that openings exist.

Call to complete your registration by charging fees to MasterCard, Visa, American Express or Discover.
Telephone: 314-984-7777
Call Center Hours: M-Th 8:30 am - 7:30 pm; Fridays 8:30 am-4 pm
Before calling to register, have this information ready:
1. Course Title / Course Code (letter prefix with number) / Section Number
2. Student Contact Info (name / address /email/ phone number)
3. Student Social Security Number or UIN
4. Credit Card Number with Expiration Date

Online: www.stlcc.edu
Visit our website and click on the “Continuing Education” link — where you can view current class offerings and to register for classes.

Registration Deadline
All non-credit courses are limited in enrollment. Advanced registration is required.

Automatic Bank Payment (ACH)
All checks will be converted to an electronic Automated Clearing House (ACH) transaction whether the payment was made in person or mailed.

Mail-In
Registration form Please print in ink.
Please register me for the following courses:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Section</th>
<th>Course Title</th>
<th>Day/Time</th>
<th>Fees</th>
</tr>
</thead>
</table>

☐ Male ☐ Female
☐ Yes ☐ No

Senior Citizen?

Check Payment:
Please make checks payable to St. Louis Community College, and mail with form (address above).
Credit Card Payment:
Charge fees to:
☐ MasterCard ☐ Visa ☐ Discover ☐ American Express

Email Address: ____________________________________________________________
UIN or Student#: ___________________________ Birthdate: _______________________
Name: ___________________________ FIRST ___________________________ MIDDLE INITIAL
Address: _________________________________________________________________
STREET OR POST OFFICE BOX
CITY ___________________________ STATE ___________________________ ZIP CODE
Telephone/Home: ___________________________ Work: _________________________
CARD NUMBER

Expiration Date:

Signature: __________________________________________________________________________