

Summer 2017 Tennis and Golf

**Keep your eye
on the ball**



St. Louis Community College
Continuing Education

3221 McKelvey Road, Suite 250 • Bridgeton, MO 63044 • 314-984-7777

Call 314-984-7777 to register starting May 1

Golf

Golf: Beginning I

Learn the basic fundamentals of golf: grip, set-up, mini-swing, full swing, putting and chipping.

PEDU:730

Four Sessions | \$45

- 810 W 7pm-8pm
May 24 - June 14
Big Bend GC
- 811 M 5pm-6pm
June 5 - June 26
Big Bend GC
- 812 M 6pm-7pm
June 5 - June 26
Big Bend GC
- 813 M 7pm-8pm
June 5 - June 26
Big Bend GC
- 814 M 7pm-8pm
July 10 - July 31
Big Bend GC
- 815 Sa 8am-9am
June 3 - June 24
Big Bend GC
- 801 Th 7pm-8pm
June 1 - June 22
Golfport-MH
- 800 Th 6pm-7pm
June 1 - June 22
Golfport-MH
- 802 Sa 10am-11am
July 8 - July 29
Golfport-MH

Six Sessions | \$59

- 880 Tu 7pm-8pm
May 30 - July 11
No Class 7/4
The First Tee
- 873 Sa 9am-10am
June 3 - July 15
No Class 7/1
Ruth Park
- 881 Sa 10am-11am
June 10 - July 22
No Class 7/1
The First Tee
- 890 W 7pm-8pm
May 17 - June 21
Tower Tee
- 891 Th 7pm-8pm
May 25 - June 29
No Class 7/3
Tower Tee
- 892 Th 7pm-8pm
July 13 - Aug. 17
Tower Tee
- 893 Tu 6pm-7pm
July 18 - Aug. 22
No Class 5/27, 7/1
Tower Tee
- 894 Sa 9am-10am
May 20 - July 8
No Class 5/27, 7/1
Tower Tee
- 860 M 6pm-7pm
June 5 - July 17
No Class 7/3
Sunset Hills Golf Ctr
- 861 Th 5pm-6pm
June 8 - July 13
No Class 7/1
Sunset Hills Golf Ctr
- 862 Sa 10am-11am
June 10 - July 22
No Class 7/1
Sunset Hills Golf Ctr

12 Sessions | \$109

- 870 TuTh 10am-11am
May 30 - July 11
No Class 7/4
Ruth Park

Golf: Basics and Beyond-5 Sessions

Learning to play correctly is key to a great golf game. New golfers get started on the right track and more experienced golfers will get back to basics to help 'unlearn' any bad habits. Class will cover putting, chipping, pitching, rules, etiquette, full swing with iron and full swing with wood. A great mix for beginning students just learning to play and experienced golfers brushing up on skills and rules of play as a refresher course! No class 7/1.

PEDU:730 | \$99

- 820 Sa 10am-11:30am
June 3 - July 8
Eagle Springs

Golf for Seniors

Learn the basic fundamentals of golf: grip, set-up, mini-swing, full swing, putting and chipping. Class will move at a slower pace.

PEDU:732 | \$45

- 800 Tu 10am-11am
June 6 - June 27
Golfport-MH

Golf: Beginning II

Review fundamentals presented in Golf: Beginning I with special emphasis on correcting individual swing faults.

PEDU:731

Four Sessions | \$45

- 801 Th 7pm-8pm
July 6 - July 27
Golfport-MH
- 800 Th 6pm-7pm
July 6 - July 27
Golfport-MH
- 802 Sa 10am-11am
June 3 - June 24
Golfport-MH
- 810 W 6pm-7pm
May 24 - June 14
Big Bend GC
- 811 W 6pm-7pm
June 28 - July 19
Big Bend GC
- 812 M 5pm-6pm
July 10 - July 31
Big Bend GC
- 813 M 6pm-7pm
July 10 - July 31
Big Bend GC
- 814 Sa 9am-10am
June 3 - June 24
Big Bend GC

Six Sessions | \$59

- 880 Tu 6pm-7pm
May 30 - July 11
No Class 7/4
The First Tee
- 881 Sa 11am-12pm
June 10 - July 22
No Class 7/1
The First Tee
- 890 Tu 7pm-8pm
May 23 - June 27
Tower Tee
- 891 M 6pm-7pm
June 5 - July 17
No Class 7/3
Tower Tee
- 892 W 7pm-8pm
July 19 - Aug. 23
Tower Tee
- 893 Sa 11am-12pm
May 20 - July 8
No Class 5/27, 7/1
Tower Tee
- 894 Sa 9am-10am
July 15 - Aug. 19
Tower Tee
- 860 M 5pm-6pm
June 5 - July 17
No Class 7/3
Sunset Hills Golf Ctr
- 861 Sa 9am-10am
June 10 - July 22
No Class 7/1
Sunset Hills Golf Ctr

Golf: Short Game Skills

Whether you are a beginning student or just wanting to improve your golf game, this class will cater to you. Class will cover putting, chipping and pitching.

PEDU:732 | \$59

- 880 W 7pm-8pm
June 7 - July 12
The First Tee
- 890 W 6pm-7pm
May 17 - June 21
Tower Tee
- 893 Th 6pm-7pm
July 13 - Aug. 17
Tower Tee
- 897 Sa 10am-11am
May 20 - July 8
No Class 5/27, 7/1
Tower Tee
- 899 Sa 11am-12pm
July 15 - Aug. 19
Tower Tee
- 860 Th 6pm-7pm
June 8 - July 13
Sunset Hills Golf Ctr

Golf Classes Extra fee for balls

Every effort will be made to schedule a make-up class for outdoor classes missed due to rain-outs. However, no refunds will be given for rained-out classes.

Youth Golf Classes

Golf for Youth: Beg I - Four Sessions

Beginning golf for children. Ages 7-15. Extra fee for balls.

KIDS:710 | \$45

- 810 Sa 11am-12pm
June 3 - June 24
Big Bend GC

Play Better Golf

Become the best golfer you can be! Instruction will focus on putting, short game skills, and learning how to drive the ball further with more accuracy so you can start lowering your scores today. Open for all skill levels and balls will be provided. Class meets at Creve Coeur's Municipal Golf Course.

PEDU:732 | \$39

- V01 Tu 5:30pm-7pm
May 30
Su 9am-10am
June 4-June 25
*Melvin Klearman
Creve Coeur Mun. Golf
Creve Coeur Mun. Golf*

Mandatory first class meets Tuesday 5/30; remainder of classes meet on Sunday 6/4-6/25.

- V02 Tu 5:30pm-7pm
July 18
Su 9am-10am
July 23-Aug. 13
*Melvin Klearman
Creve Coeur Mun. Golf
Creve Coeur Mun. Golf*

Mandatory first class meets Tuesday 7/18; remainder of classes meet on Sunday, 7/23-8/13

Golf: Playing Lessons

Enjoy this unique opportunity to play with an experienced golf instructor. PGA professional will take you and other students on course to play up to nine holes. Class is for golfers who have had prior instruction but have difficulty taking their game to the next level. Be prepared to pay Eagle Springs approximately \$20 to play up to nine holes on the course (includes a riding cart). Meet instructor at Eagle Springs Clubhouse. Tee time is at the start time so be sure to arrive a few minutes early.

PEDU:732 | \$39

- 820 M 5pm-7:30pm
June 19
Eagle Springs
- 821 M 5pm-7:30pm
July 17
Eagle Springs

Golf: Parent/Child - 4 Sessions

Enjoy time with your child, ages 7-15, and have fun learning the basics of golf together! Registration required for each participant.

PEDU:732 | \$45

- 801 Th 6pm-7pm
June 8 - June 29
Golfport-MH
- 810 W 7pm-8pm
June 28 - July 19
Big Bend GC
- 811 Sa 10am-11am
June 3 - June 24
Big Bend GC

Golf: Combo Class

Enjoy a combination of short game, full swing and on course lessons. The first few classes will be on the practice range and remaining will be on the course. On course strategy and mental game will be discussed.

PEDU:732 | \$59

- 891 Th 6pm-7pm
May 25 - June 29
Tower Tee
- 892 M 7pm-8pm
June 5 - July 17
No Class 7/3
Tower Tee
- 894 Tu 7pm-8pm
July 18 - Aug. 22
Tower Tee
- 895 W 6pm-7pm
July 19 - Aug. 23
Tower Tee
- 896 M 6pm-7pm
July 24 - Aug. 28
Tower Tee
- 898 Sa 10am-11am
July 15 - Aug. 19
Tower Tee

Tennis

Tennis: Beginning I (NTRP:1.0-2.0)

See NTRP Rating Box. Tennis balls provided.

PEDU:733 | \$69

M03 Tu 1pm-2pm
June 20 - Aug. 8
No Class 7/4

Vetta

Tennis: Beginning I and II (NTRP 1.0-2.5)

See NTRP Rating Box. Tennis balls provided.

PEDU:733 | \$55

M02 Th 7pm-8pm
June 8 - June 29
M01 TuTh 5pm-6pm
June 20 - June 29

Watson Trails

Lake School Park-Tennis

Tennis: Beginning II (NTRP 2.5)

See NTRP Rating Box. Tennis balls provided. No class 7/1.

PEDU:734 | \$69

M01 Sa 3:30pm-4:30pm
June 17 - Aug. 5

Vetta

Tennis: Intermediate I (NTRP 3.0)

See NTRP Rating Box. Tennis balls provided.

**PEDU:735
Four Sessions | \$55**

M01 Sa 4pm-5pm
June 3 - June 24
M02 Sa 4pm-5pm
July 15 - Aug. 5

Forest Lake

Forest Lake

Seven Sessions | \$95

M03 W 4pm-5:30pm
June 28 - Aug. 9

Vetta

Tennis: Intermediate I - Advanced (NTRP 3.0-4.0)

See NTRP Rating Box. Tennis balls provided.

PEDU:736 | \$95

M03 M 3:30pm-5pm
June 19 - Aug. 7
No Class 7/3
M01 Tu 2pm-3:30pm
June 20 - Aug. 8
No Class 7/4
M02 Th 2pm-3:30pm
June 29 - Aug. 10

Vetta

Vetta

Vetta

National Tennis Rating Program (NTRP)

- 1.0 This player is just starting to play tennis.
- 2.0 May have had some lessons; needs on-court experience.
- 2.5 Can sustain a short rally of slow pace; needs to develop form.
- 3.0 Consistent on medium-paced shots; needs work on form and strategy.
- 3.5 Consistent with directional control; needs to work on specialty shots.
- 4.0 Dependable with directional control and depths has specialty shots. Needs to play more percentage tennis.

Designations used as a tool to assist students when registering for tennis classes:

Beginning I (1.0-2.0): Designed for beginners and those who have limited experience with basic tennis strokes. Proper techniques of all strokes will be covered. Drills will be used and tennis etiquette and rules will be discussed. Players will be grouped according to ability.

Beginning I and II (1.0-2.5): Designed for beginners and those who need to brush up on the basics. Techniques covered are forehand, backhand, serve, volley, basic strategy as well as drill exercises. Players will be grouped according to ability.

Beginning II (2.5): Further emphasized is proper stroke development and footwork through the use of drills. Tennis etiquette and rules will be reviewed. Constancy of stroke production is a major goal.

Intermediate I (3.0-3.5): A refresher on proper stroke execution. Drills are used and emphasis is on improved consistency and directional control. Strategy and some match play are covered.

Intermediate II to Advanced (3.5-4.0): This course includes more advanced drills, work on strategy and match play, with a goal of playing better percentage tennis.

Bring tennis shoes and racket. Tennis balls provided. Facilities may not be air-conditioned. Please dress appropriately. Every effort will be made to schedule a make-up class for outdoor classes missed due to rain-outs. However, no refunds will be given for rained-out classes.

Youth Tennis Classes

Tennis for Youth: Pee Wee I - Ages 4-6 - 4 Sessions

Series of group lessons specifically designed to introduce your young child, 4-6 years of age, to the game of tennis. Class will include eye-hand coordination exercises as well as building skills for forehand, backhand, serve and volley. Tennis balls provided.

KIDS:709 | \$35

M05 Th 5:30pm-6pm
June 8 - June 29
M03 TuTh 4:30pm-5pm
June 20 - June 29

Watson Trails

Lake School Park-Tennis

Tennis for Youth Beginning I and II - Ages 11-15

Designed for beginners and those who need to brush up on the basics. Techniques covered include forehand, backhand, serve, volley, basic strategy as well as drill exercises. Players will be grouped according to ability. Ages 11-15. Tennis balls provided.

KIDS:709

Four Sessions | \$55

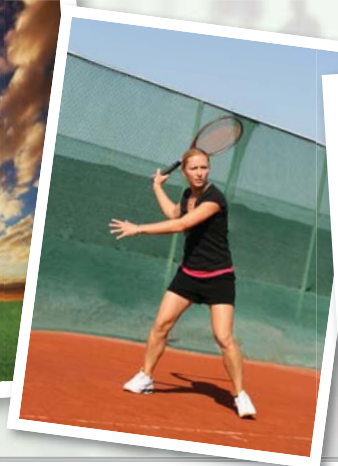
M01 Sa 4pm-5pm
June 3 - June 24
M02 Sa 4pm-5pm
July 15 - Aug. 5
M04 TuTh 6pm-7pm
June 20 - June 29
M06 Th 6pm-7pm
June 8 - June 29

Forest Lake

Forest Lake

Lake School Park-Tennis

Watson Trails



Check out other *STLCC Continuing Education* brochures:

- **Health and Wellness**
- **Aquatics**

- **The Great Outdoors**
- **Youth and Family**

Call 314-984-7777 to request more information or to register!

Non-Discrimination/Accommodations Statement

St. Louis Community College is committed to non-discrimination and equal opportunities in its admissions, educational programs, activities, and employment regardless of race, color, creed, religion, sex, sexual orientation, national origin, ancestry, age, disability, genetic information, or status as a disabled or Vietnam-era veteran, and shall take action necessary to ensure non-discrimination. Sexual harassment, including sexual violence, is also prohibited. For information or concerns related to discrimination or sexual harassment, contact Patricia Henderson of Human Resources, 314-539-5214.

If you have accommodation needs, please contact Ann Marie Schreiber, 314-984-7704, at least three weeks prior to the class or event.

Registration is Easy!!!



Mail

Complete the registration form (below) and mail with check (*payable to St. Louis Community College*) to:

STLCC Continuing Education, 3221 McKelvey Road, Suite 250, Bridgeton, MO 63044

Students who register by mail should assume they are registered unless otherwise notified. A registration confirmation is mailed to students who register by mail; however, the confirmation may not be received prior to the beginning of the class. If you have enrollment questions, please call Continuing Education: 314-984-7777.



In Person at STLCC Continuing Education Offices M-F 8:30 am - 4 pm

Meramec

802 Couch Avenue
St. Louis, MO 63122

Florissant Valley

At the Center for Workforce Innovation
3400 Pershall Rd., Ferguson, MO 63135

Forest Park

Forest Park, Student Center, 125
5600 Oakland Ave., St. Louis, MO 63110

You may want to first call the Continuing Education office at 314-984-7777, to check that openings exist.



Call to complete your registration by charging fees to MasterCard, Visa, American Express or Discover.

Telephone: 314-984-7777

Call Center Hours: M-Th 8:30 am - 5 pm; Fridays 8:30 am-4 pm

Before calling to register, have this information ready:

1. Course Title / Course Code (letter prefix with number) / Section Number
2. Student Contact Info (name / address /email/ phone number)

3. Student Social Security Number or UIN
4. Credit Card Number with Expiration Date



Online: www.stlcc.edu

Visit our website and click on the “Continuing Education” link — where you can view current class offerings and to register for classes.

Enrollment in classes within this brochure, except for youth section classes, is limited to persons 16 years or older.

Registration Deadline

All non-credit courses are limited in enrollment. Advanced registration is required.

Automatic Bank Payment (ACH)

All checks will be converted to an electronic Automated Clearing House (ACH) transaction whether the payment was made in person or mailed.

MAIL-IN REGISTRATION FORM Please print in ink.

Mail to: 3221 McKelvey Road
Bridgeton, MO 63044
Attn: Continuing Education

Please register me for the following course(s):

Course Code	Section	Course Title	Day/Time	Fees
Total				

- Male Senior Citizen?
 Female Yes No

Please check material fees prior to sending payment in.

Check Payment:

Please make checks payable to St. Louis Community College, and mail with form (address above).

Credit Card Payment:

Charge fees to:

- MasterCard Discover
 VISA American Express

Email Address: _____

UIN or Student#: _____ Birthdate: _____

Name: _____
LAST FIRST MIDDLE INITIAL

Address: _____
STREET OR POST OFFICE BOX

CITY STATE ZIP CODE

Telephone/Home: _____ Work: _____

_____ Expiration Date: _____
CARD NUMBER

Signature: _____