Spring 2013 Golf and Tennis Classes

Tennis and Golf

St. Louis Community College
Continuing Education

3221 McKelvey Road, Suite 250
Bridgeton, MO 63044
314-984-7777

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St. Louis Community College Continuing Education
Golf: Beginning I
Learn the basic fundamentals of golf: grip, set up, mini-swing, full swing, putting and chipping. Class limit six. Extra fee for balls.

PEDU:730
Four Sessions | $45
840 Sa 9am-10am April 13–May 4
860 M 6:15pm-7:15pm Feb. 25–March 18
861 W 6:15pm-7:15pm Feb. 27–March 20
862 Sa 10:15am-11:15am March 2–March 23
810 W 7pm-8pm April 3–April 24
811 Sa 10am-11am April 13–May 4
812 Su 1pm-2pm April 14–May 8
820 Sa 10am-11am April 6–April 27

Landings at Spirit Golf Club
Robert Jeep
Sunset Hills Golf Learn. Ctr
Sunset Hills Golf Learn. Ctr
Sunset Hills Golf Learn. Ctr
Big Bend Golf Center
Big Bend Golf Center
Big Bend Golf Center
Eagle Springs Golf Course

Six Sessions | $59
890 W 6pm-7pm April 3–May 8
881 Sa 10am-11am April 6–May 11
890 M 6pm-7pm Feb. 4–March 11
892 M 6pm-7pm March 25–April 29
891 W 6pm-7pm Feb. 6–March 13
893 Th 7pm-8pm March 28–May 2
894 Sa 9am-10am Feb. 9–March 16
895 Sa 10am-11am March 30–May 4
872 Sa 9am-10am April 6–May 11
873 Sa 11am-12pm April 6–May 11

The First Tee (S. County)
The First Tee (S. County)
Tower Tee Golf Center
Tower Tee Golf Center
Tower Tee Golf Center
Tower Tee Golf Center
Tower Tee Golf Center
Tower Tee Golf Center

Women Only Sections (Six Sessions)
874 Sa 10am-11am April 6–May 11
875 Tu 6pm-7pm April 2–May 7
870 Tu 11am-12pm April 2–May 19
871 Tu 4:30pm-5:30pm April 2–May 9

Twelve Sessions | $109

Golf: Combo Class
Class is a combination of short game, full swing and on course lessons. The first few classes will be on the practice range and remaining will be on the course. On course strategy and mental game will be discussed. Class limit 6. 6 sessions.

PEDU:732 | $59
890 Tu 10am-11am March 26–April 30
892 W 11am-12pm March 27–May 1
897 W 6pm-7pm March 27–May 1

Tower Tee Golf Center
Tower Tee Golf Center
Tower Tee Golf Center

Four Sessions | $45
840 Tu 6pm-7pm April 9–April 30
841 Sa 10am-11am April 13–May 4
860 M 7:15pm-8:15pm April 8–May 13
861 W 6:15pm-7:15pm April 10–May 15
862 Sa 11:15am-12:15pm March 2–March 23
863 Sa 10:15am-11:15am April 6–May 11
810 M 6pm-7pm April 8–April 29
811 Sa 9am-10am April 13–May 4
820 Sa 10am-11am May 4–May 25

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873 Sa 11am-12pm April 6–May 11

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Playing Golf Lesson
Enjoy this unique opportunity to play with an experienced golf instructor. PGA professional will take you and three other students on the regular course (not the par 3 beginner’s course) to play nine holes. Class is for golfers who have had prior instruction but have difficulty taking their game to the next level. Be prepared to pay Eagle Springs approximately $20 to play up to nine holes (includes a riding cart) on the regular course. Meet instructor at Eagle Springs Clubhouse. Tee time is 5pm sharp.

PEDU:732 | $29
820 M 5pm-7:30pm April 15
821 M 5pm-7:30pm April 29
822 M 5pm-7:30pm May 13

Tower Tee Golf Center
Tower Tee Golf Center
Tower Tee Golf Center

Backyard Golf
Golf swings are complex and precise physical acts requiring regular correct practice to master. However in today’s economy, spending time and money at a range or golf course isn’t always an option. Learn specific and effective practice drills that you can use in your own backyard to continue practicing and becoming the best golfer you can be! Class meets at Creve Coeur’s Municipal Golf Course (mandatory first class meets Tuesday, 4/9, with remainder of classes meeting on Sunday, 4/14-5/5) and an optional 2-hole round ($7) is available to test what you learn. Golf balls provided for class.

PEDU:732 | $29
820 M 5pm-7:30pm April 29
822 M 5pm-7:30pm May 13

Tower Tee Golf Center
Tower Tee Golf Center

V01 Tu 5:30pm-7:30pm April 9

Melvin Klearman
FV-Off Campus (CR)
Tennis Kickoff: Beginning I and II (NTRP 1.0-2.5)
Tennis Kickoff. No fee.
PEDIU:733
720 Sa 11am-12pm Mark Platt  March 30 Ladue Middle School

Tennis: Beginning I (NTRP 1.0-2.0)
See NTRP Rating Box. Tennis balls provided.
PEDIU:733
Vetta Concord Sports Club | 8 hours | $75
Facility is not air-conditioned, dress appropriately.
M02 Tu 10am-11am Feb. 5-March 26 Vetta Concord Sports Club
M04 Sa 3:30pm-4:30pm Feb. 9-March 30 Vetta Concord Sports Club
Vetta Concord Sports Club | 6 hours | $59
Facility is not air-conditioned, dress appropriately.
M03 Tu 10am-11am April 2-May 7 Vetta Concord Sports Club
M05 Sa 3:30pm-4:30pm April 6-May 11 Vetta Concord Sports Club
Woods Mill Racquet Club | $75
M01 Th 8:30pm-10pm Feb. 7-March 21 Woods Mill Racquet Club
Woods Mill Racquet Club | 6 hours | $59
Facility is not air-conditioned, dress appropriately.
M04 Sa 2:30pm-3:30pm April 6-May 11 Vetta Concord Sports Club
Woods Mill Racquet Club

Tennis: Beginning I and II (NTRP 1.0-2.5) - Outdoor
See NTRP Rating Box. Tennis balls provided.
PEDIU:733 | $75
721 Sa 11am-12pm Mark Platt  April 6-May 11 Ladue Middle School
P02 Sa 9am-10am Mark Platt  April 6-May 11 Francis Park
P01 Sa 9am-10am Mark Platt  April 6-May 11 Kaufman Park

Tennis: Beginning I and II (NTRP 1.0-2.5) - Indoor
See NTRP Rating Box. Tennis balls provided.
PEDIU:733 | $85
M05 Su 5pm-6pm Mark Platt  Jan. 27-March 3 Frontenac Racquet Club
M06 Su 5pm-6pm Mark Platt  March 10-April 21 Frontenac Racquet Club

National Tennis Rating Program (NTRP)
1.0 This player is just starting to play tennis
2.0 May have had some lessons; needs on-court experience
2.5 Can sustain a short rally of slow pace; needs to develop form
3.0 Consistent on medium-paced shots; needs work on form and strategy
3.5 Consistent with directional control; needs to work on specialty shots

Designations used as a tool to assist students when registering for tennis classes:

Beginning I (1.0-2.0): Designed for beginners and those who have limited experience with basic tennis strokes. Proper techniques of all strokes will be covered. Drills will be used and tennis etiquette and rules will be discussed. Players will be grouped according to ability.

Beginning I and II (1.0-2.5): Designed for beginners and those who need to brush up on the basics. Techniques covered are forehand, backhand, serve, volley, basic strategy as well as drill exercises. Players will be grouped according to ability.

Beginning II (2.5): Further emphasized is proper stroke development and footwork through the use of drills. Tennis etiquette and rules will be reviewed. Consistency of stroke production is a major goal.

Intermediate I (3.0-3.5): A refresher on proper stroke execution. Drills are used and emphasis is on improved consistency and directional control. Strategy and some match play are covered.

Tennis: Beginning II (NTRP 2.5)
See NTRP Rating Box. Tennis balls provided.
PEDIU:734
Vetta Concord Sports Club | 8 hours | $75
Facility is not air-conditioned, dress appropriately.
M02 Tu 10am-11am Feb. 5-March 26 Vetta Concord Sports Club
M04 Sa 3:30pm-4:30pm Feb. 9-March 30 Vetta Concord Sports Club
Vetta Concord Sports Club | 6 hours | $59
Facility is not air-conditioned, dress appropriately.
M03 Tu 10am-11am April 2-May 7 Vetta Concord Sports Club
M05 Sa 3:30pm-4:30pm April 6-May 11 Vetta Concord Sports Club
Woods Mill Racquet Club | $75
M01 Th 8:30pm-10pm April 4-May 16 Woods Mill Racquet Club

Tennis: Intermediate I (NTRP 3.0) - Indoor
See NTRP Rating Box. Tennis balls provided.
PEDIU:735
Vetta Concord Sports Club | 9 hours | $79
Facility is not air-conditioned, dress appropriately.
M03 Tu 2pm-3:30pm April 2-May 7 Vetta Concord Sports Club
M08 Sa 4:30pm-6pm April 6-May 11 Vetta Concord Sports Club
Woods Mill Racquet Club | $75
M04 Th 8:30pm-10pm Feb. 7-March 21 Woods Mill Racquet Club
M05 Th 8:30pm-10pm April 4-May 16 Woods Mill Racquet Club
Vetta Concord Sports Club | 12 hours | $109 Facility is not air-conditioned, dress appropriately.
M01 Tu 2pm-3:30pm Feb. 5-March 26 Vetta Concord Sports Club
M02 Th 2pm-3:30pm Feb. 7-March 28 Vetta Concord Sports Club
M07 Sa 4:30pm-6pm Feb. 9-March 30 Vetta Concord Sports Club

Tennis: Intermediate I (NTRP 3.0) - Outdoor
See NTRP Rating Box. Tennis balls provided.
PEDIU:735 | $75
P01 Sa 10am-11am April 6-May 11 Mark Platt Kaufman Park
P02 Sa 10am-11am April 6-May 11 Mark Platt Francis Park

Youth Tennis and Golf Classes

Tennis for Youth Kickoff-Ages 7-10
Tennis for Youth Kickoff. No fee.
KIDS:709 | No Fee
720 Sa 12pm-1pm Mark Platt  March 30 Ladue Middle School

Tennis for Youth: Beginning I and II
Class designed for beginners and those who need to brush up on the basics. Techniques covered include forehand, backhand, serve, volley, basic strategy as well as drill exercises. Players will be grouped according to ability. Tennis balls provided.

KIDS:709
Outdoor | $75
Ages 7-10
580 Sa 9am-10am Mark Platt  April 6-May 11 FV, PE-TENNIS
721 Sa 12pm-1pm Mark Platt  April 6-May 11 Ladue Middle School

Ages 11-15
P01 Sa 11am-12pm Mark Platt  April 6-May 11 Kaufman Park
P02 Sa 11am-12pm Mark Platt  April 6-May 11 Francis Park

Indoor | $85
Ages 7-10
701 Tu 5pm-6pm Mark Platt  April 6-May 11 No class 3/19
703 W 5pm-6pm Mark Platt  April 6-May 11 No class 3/20, 4/10
705 Sa 4pm-5pm Mark Platt  April 6-May 11 No class 3/20
M06 Sa 4pm-5pm Mark Platt  April 6-May 11 No class 3/20
M04 Su 5pm-6pm Mark Platt  April 6-May 11 No class 3/20
M08 Su 5pm-6pm Mark Platt  April 6-May 11 No class 3/20

Ages 11-15
700 Tu 4pm-5pm Mark Platt  April 6-May 11 No class 3/19
702 W 4pm-5pm Mark Platt  April 6-May 11 No class 3/20, 4/10
M02 Sa 5pm-6pm Mark Platt  April 6-May 11 No class 3/20
M09 Su 6pm-7pm Mark Platt  April 6-May 11 No class 3/20

Bring tennis shoes and racket. Tennis balls provided.
Every effort will be made to schedule a make-up class for outdoor classes missed due to rain-outs. However, no refunds will be given for rained-out classes.

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St. Louis Community College Continuing Education
Youth Tennis and Golf Classes (continued)

**Tennis for Youth: Pee Wee-Indoor**
This is a series of group lessons specifically designed to introduce a young child, 4-6 years of age, to the game of tennis. The class will include eye-hand coordination exercises as well as building skills for forehand, backhand, serve and volley. Tennis balls provided. Prince rackets available for use in class.

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<tr>
<th>KIDS:709</th>
<th>$85</th>
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<tbody>
<tr>
<td>M03</td>
<td>Su 5pm-6pm</td>
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<tr>
<td>Jan.-March 3</td>
<td>Frontier Racquet Club</td>
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<tr>
<td>M05</td>
<td>Sa 4pm-5pm</td>
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<tr>
<td>March 9-April 20</td>
<td>Forest Lake Tennis Club</td>
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<tr>
<td>M07</td>
<td>Su 5pm-6pm</td>
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<td>March 10-April 21</td>
<td>Frontier Racquet Club</td>
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**Golf for Youth: Beginning**

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<th>KIDS:710</th>
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<td>M03</td>
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**Registration is Easy!!!**

**Mail**
Complete the registration form (below) and mail with check (payable to St. Louis Community College) to:

STLCC Continuing Education, 3221 McKelvey Road, Suite 250, Bridgeton, MO 63044

Students who register by mail should assume they are registered unless otherwise notified. A registration confirmation is mailed to students who register by mail; however, the confirmation may not be received prior to the beginning of the class. If you have enrollment questions, please call Continuing Education: 314-984-7777.

**In Person at STLCC**
Meramec, Florissant Valley and Forest Park: M–F 8:30am–4pm
You may want to first call the Continuing Education office at 314-984-7777, to check that openings exist.

**Telephone: 314-984-7777**
Before calling to register, have this information ready:
1. Course Title / Course Code (letter prefix with number) / Section Number
2. Student Contact Info (name / address / phone number)
3. Student Social Security Number or UIN
4. Credit Card Number with Expiration Date

**Online: www.stlcc.edu**
Visit our website and click on the “Continuing Education” link — where you can view current class offerings and to register for classes.

Enrollment in classes within this brochure, except for youth section classes, is limited to persons 16 years or older.

**Registration Deadline**
All non-credit courses are limited in enrollment. Advanced registration is required.

**Automatic Bank Payment (ACH)**
All checks will be converted to an electronic Automated Clearing House (ACH) transaction whether the payment was made in person or mailed.

**Mail-IN Registration form Please print in ink.**

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<th>Male</th>
<th>Female</th>
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Senior Citizen?  □ Yes  □ No

Check Payment:
Please make checks payable to St. Louis Community College, and mail with form (address above).

Credit Card Payment:
Charge fees to: □ MasterCard  □ VISA  □ Discover  □ American Express

Please register me for the following courses:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Section</th>
<th>Course Title</th>
<th>Day/Time</th>
<th>Fees</th>
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