Spring 2015 Nursing and Allied Health Continuing Education

CPR/First Aid Programs
Occupational Therapy
Physical Therapy
Nursing and Allied Health Continuing Education

Healthcare Occupations
Emergency Medical Services
Nursing Home Administration

St. Louis Community College
Continuing Education

stlcc.edu/ce
General Information

Allied Health Continuing Education of St. Louis Community College offers a wide selection of courses and workshops. Please take a few moments to read the course descriptions. There are new offerings that have been developed in response to requests.

Courses are approved or pending approval for continuing education credit as noted. Approval by another accrediting entity or for professional licensure is the sole responsibility of the participant.

Unless otherwise announced, contact hours will be awarded to participants who attend the entire educational activity (single session); or 80 percent of an activity that meets multiple sessions, and who complete the education activity evaluation.

St. Louis Community College is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

St. Louis Community College believes that all planners, presenters and content experts taking part in continuing nursing education learning activities must adhere to a fair, unbiased and evidence-based approach in presenting content and declare any relationships with commercial organizations. Any real or apparent conflict of interest will be disclosed to participants.

When commercial support is received for a continuing nursing education activity, the planning committee will maintain complete control of speaker selection and content.

American Heart Association

St. Louis Community College serves as a Community Training Center for the American Heart Association whose mission is to reduce disability and death from cardiovascular disease and stroke and sets guidelines for emergency cardiovascular care and training. The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fee charged for a course, except for a portion of the fee needed for American Heart Association course material, does not represent income to the Association.

St. Louis Community College is accredited by the Missouri Bureau of EMS as an approved training entity for EMT and Paramedic CEUs.

Clinical and Field Work

Some degree and certificate programs offered by the college require students to obtain clinical or other field experience as part of their course work. Students with criminal convictions or drug use may have difficulty progressing in these programs. Hospitals and facilities may mandate that a criminal background check and/or drug screening check (at the student’s expense) may be conducted prior to placement in a clinical or field setting. Students not passing these checks may be prohibited from participating in the clinical or field experience thus rendering the student ineligible to satisfactorily meet the course/program requirements.

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Healthcare Provider CPR
This American Heart Association course is designed for the healthcare provider. Each participant must obtain an 84 percent or higher on the written evaluation and demonstrate proficiency in all CPR skills. Skills include adult, child and infant CPR, FBAO management of the conscious victim, adult/infant/child two rescuer CPR, mouth-to-mask ventilation and automatic external defibrillation (AED). Written and practical skills (hands-on manikin simulation) evaluation and testing are required for course completion. Students who enroll at least one month in advance and successfully complete the course will receive BLS completion card at the end of the class. No transfers between sessions or refunds given within five business days of class date. Due to the nature of the course, you must arrive on time. No admittance after stated start time. This course meets the STLCC nursing department admission requirements.

CPRR:707 | $49

4D0 Th 9am-3:30pm Gordon Back
Jan. 8 FP - G Tower, 121
4D1 Su 9am-3:30pm Gordon Back
Jan. 11 FP - G Tower, 121
5D0 Tu 5pm-10pm Gordon Back
Jan. 13 FV - TC, 105
6D0 Th 5pm-10pm Ed Back
Jan. 15 MC - CE Classroom
6D1 Sa 9am-3:30pm Ed Back
Jan. 17 MC - CE Classroom
CD0 Th 5pm-10pm Gordon Back
Jan. 29 Corp. College, 207
5D1 Sa 9am-3:30pm Gordon Back
Feb. 7 FV - TC, 105
4D2 M 5pm-10pm Gail Back
Feb. 9 FP - G Tower, 121
3D0 Th 5pm-10pm Carol Pikey
Feb. 12 WW, 102A
4D3 W 5pm-10pm Gordon Back
Feb. 25 FP - G Tower, 121
6D2 Tu 9am-3:30pm March 3 Gail Back
MC - Library, CNFL
4D4 W 5pm-10pm March 25 Carol Pikey
FP - G Tower, 121
HD0 Sa 9am-3:30pm Harrison Ed. Ctr., 100
March 28 Gordon Back
6D3 Th 5pm-10pm April 2 Gail Back
MC - CE Classroom
4D5 M 5pm-10pm Carol Pikey
April 13 FP - G Tower, 121
4D6 W 5pm-10pm April 29 Gordon Back
FP - G Tower, 121
6D4 W 9am-3:30pm May 6 Gail Back
MC - CE Classroom
5D0 F 9am-3:30pm May 8 Carol Pikey
SCEUC, 125
5D2 W 9am-3:30pm May 13 Gordon Back
FV - CWI, 136
4D7 M 5pm-10pm May 18 Gail Back
FP - G Tower, 121

Heartsaver CPR AED: Adult
The Heartsaver CPR AED Course teaches lay rescuers when to dial 911, how to give CPR, how to use an AED and how to provide relief of choking. The course targets individuals who are expected to respond to cardiovascular emergencies in the workplace and may be used to teach CPR to lay rescuers who are required to obtain a course completion card documenting completion of a CPR course that includes use of an AED for job, regulatory or other requirements. This course is for the learner with limited or no medical training. Registration one week prior to course start date is recommended. Due to the nature of the course you must arrive on time.

CPRR:701 | $45

5D0 Th 6:30pm-8:30pm Gordon Back
April 16 FV - TC, 105

Heartsaver CPR AED: Adult and Pediatric
The Heartsaver CPR AED Course teaches lay rescuers when to dial 911, how to give CPR, how to use an AED and how to provide relief of choking. The course targets individuals who are expected to respond to cardiovascular emergencies in the workplace. The course may be used to teach CPR to lay rescuers who are required to obtain a course completion card documenting completion of a CPR course that includes use of an AED for job, regulatory or other requirements. This course is for the learner with limited or no medical training. Registration one week prior to course start date is recommended. Due to the nature of the course you must arrive on time.

CPRR:701 | $59

6D0 M 6pm-9:30pm April 11 Carol Pikey
MC - CE Classroom

Heartsaver First Aid CPR AED
Heartsaver First Aid CPR/AED is a classroom, video-based, instructor-led course that teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical service (EMS) arrives. It is designed to meet OSHA requirements. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. This course also teaches adult CPR and AED use. Written and practical skills (hands-on manikin simulation) evaluation and testing are required for course completion. Upon successful completion each participant will receive a course completion card. Registration one week prior to course start date is recommended. Due to the nature of the course you must arrive on time.

CPRR:706 | $97

C01 W 8:30am-4:30pm April 22 Gordon Back
Corp. College, 276
Heartsaver Pediatric First Aid CPR AED
The Heartsaver Pediatric First Aid CPR AED course is designed to meet the regulatory requirements for child care workers in all fifty United States. It teaches child care providers and others to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. It covers the four steps of first aid and first aid skills such as finding the problem, stopping bleeding, bandaging and using an epinephrine pen, as well as child CPR AED, infant CPR and optional modules in adult CPR AED, child mask, infant mask and Asthma Care Training for Child Care Providers. Registration one week prior to course start date is required. No transfers between sessions or refunds given within five business days of class date. Due to the nature of the course you must arrive on time. No admittance after stated start time.

CPRR:711 | $97
4D0 Sa 8:30am-4pm Feb. 14 Carol Pikey FP - G Tower, 121
5D0 Sa 8:30am-4pm March 7 Carol Pikey FV - TC, 105
5D1 Sa 8:30am-4pm May 16 Carol Pikey FV - TC, 105
6D0 Sa 8:30am-4pm Jan. 24 Carol Pikey MC - CE Classroom
6D1 Sa 8:30am-4pm April 25 Carol Pikey MC - CE Classroom

CPR Instructor Course
The Instructor Course is designed to prepare American Heart Association (AHA) instructors to disseminate to participants enrolled in AHA courses the science, skills and philosophy of resuscitation programs. The purpose of the AHA BLS/CPR Instructor Course is to provide instructor candidates the knowledge and skills necessary to reach and teach potential BLS providers. The AHA BLS/CPR Instructor course provides a structured initiation for the instructor candidates and serves as the foundation for their development. It provides instructor candidates the opportunity to develop and refine their presentation skills. Please note there is extensive self-paced course work. Access to a computer will be necessary for this course work. Prerequisite required at time of registration: Current AHA Healthcare Provider CPR card. Registration three weeks prior to course start date is required to ensure arrival of pre-course materials and completion of extensive pre-course work. Due to the nature of this course, you must arrive on time. No admittance after the stated start time. Refund/withdrawal deadline: 2/18.

CPRR:708 | $250
4D0 Th 6pm-10pm Feb. 19 Gail Back FP - G Tower, 121
4D1 Tu 6pm-10pm April 7 Gordon Back FP - G Tower, 121

CPR Instructor Renewal
To successfully complete the American Heart Association CPR Instructor Renewal course, the instructor will demonstrate acceptable provider skills and successful completion of the provider written examination. The renewal course may include an update addressing new course content or methodology and review TC, regional and national ECC information. Prerequisite: The instructor must have taught at least four CPR courses and attended updates as required within the previous two years. The instructor must be monitored while teaching before instructor status expiration. Registration is required one week prior to course start date. Due to the nature of this course, you must arrive on time. No admittance after the stated start time.

CPRR:709 | $65
4D0 W 8am-5pm March 11 Gail Back FP - G Tower, 121
4D1 Tu 6pm-10pm April 7 Gordon Back FP - G Tower, 121
Supporting Quality Outcomes Through the Use of Interact III
Identifying change of condition EARLY and avoiding unnecessary hospitalizations is a goal for every skilled community. It’s not only about meeting the expectations of our hospital partners, but more importantly, it will serve to create a better quality of life for those we care for. Through implementation of the Interact III program, your community can find new ways to identify, assess, communicate and meet the individualized needs of your residents. And the bonus - you will reduce re-hospitalizations and improve professional relationships with physicians

AHCE:734 | $29
550 W 6pm-8:15pm  Joan Devine MM, BSN, RN, RAC-CT
April 22
FV - B, 212
Clock hours pending

Pharmacology Update: Cardiac Medications
The education activity Pharmacology Update: Cardiac Medications is designed to provide the registered nurse with the most current and best available evidence explaining mechanisms of drug action and the appropriate nursing management for the safe administration of cardiac medications. Cardiac anatomy and physiology will be reviewed. Cardiac medications will be presented in terms of classification of action, effect on the cardiac and vascular systems and disorders which they are used to treat. Appropriate nursing assessment and interventions will be discussed in relation to intended response to cardiac medications as well as possible side effects.

NURS:706 | $29
450 W 6pm-8:15pm  Andrea Weber DNP, RN
April 8
FP - G Tower, 117
2 contact hours
Clock hours pending

Diabetes Update 2015
Management of the client with diabetes is an ever-changing challenge. This workshop will focus on the most recent advances in the care and treatment of clients with diabetes. Topics to be addressed include criteria for diagnosing diabetes, types of diabetes, medications used in the treatment of diabetes, diabetic complications, special issues for the elderly diabetic, new products for the diabetic and recent research about diabetes.

NURS: 777 | $49
650 Tu 6pm-9:15pm  Katie Stewart MSN, RN, BC-ADM, CDE
April 28
MC – CE Classroom
3 contact hours
Clock hours pending

Mental Health First Aid Certification
This certification course is held 4/2 through 4/23. Mental Health First Aid is a certification course designed to assist participants in giving first aid to individuals experiencing a mental health crisis and/or who are in the early stages of a mental health disorder. The course teaches an appropriate response plan and the signs and symptoms of common health problems: anxiety, depression, psychosis, eating disorders and substance use disorders. This certification course is also offered for college credit (PRD 128). Textbook is required and available in the Florissant Valley Bookstore.

NSNG: 786 | $101
210 Th 5:30pm-8:45pm  Ellen Nickrent MA
April 2 – April 23
FV – SC, 257

Occupational Therapy
Documentation to Maximize Medicare Reimbursement
This education activity is designed for the Occupational Therapist and Occupational Therapy Assistant. The session will review key components of occupational therapy documentation that help support medical necessity. In addition, this session will discuss the relationship between recent changes in Medicare Reimbursement and their impact on documentation.

AHCE: 773 | $25
650 W 6pm-8:15pm  Cindy Kempf MA, OTR/L
April 29
MC - AS, 102
.2 CEUs

Physical Therapy
Modalities Update: The Thermal Side of Things and Traction
This course is designed for the PT, PTA, OT and OTA. Take a look at the thermal side of things. What is new with diathermy and why is there a resurgence of popularity with this once archaic modality? Visit ultrasound parameters and uses. Then we will revisit traction parameters and uses. This course will provide a refresher course on the indications, contradictions and parameters of these modalities in current practice.

AHCE:774 | $39
680 Sa 9am-12pm  Christina Cohoon PT, DPT, OCS
March 28
MC - AS, 104A
.3 CEUs
Medical Terminology for Nursing and Allied Health Occupations
This course will be offered 4/6 - 5/11. Medical terms and language are complex and not often easily understood. Nursing and allied health textbooks are filled with many words that have been derived from the combination of word forms from Latin suffixes and prefixes. Attend this course for a “jumpstart” to learn the meaning of these complex words and to gain the “extra edge” when reading textbooks filled with medical language. Refund/withdrawal deadline date: 3/30. No refunds after that date.

**NURS:708 | $89**
4D0 M 6pm-8:30pm
April 6 – May 11

Alverta Smith MA, BSN, RN
FP - G Tower, 117

EMS Continuing Education
St. Louis Community College is accredited by the Missouri Bureau of EMS as an approved training entity for EMT and Paramedic CEUs.

EMT Core Curriculum
This course is held 1/21-5/18. It meets all the current requirements for Missouri EMT-B license renewal. It includes the assessment and care of the sick and injured, pediatric and geriatric emergencies, childbirth, defibrillation, hazardous material situations and the use of adjunctive EMS equipment. Does not include CPR. Attendance at first class is required. A strict attendance policy is enforced. Course is not for initial EMT-Basic training. Registration deadline before class begins on 1/21. No class 2/16, 3/16, 3/18.

**EMSS:700 | $270**
H50 MW 6pm-10pm
Jan. 21 – May 18

Steven Newcomb
Harrison Ed. Ctr., 200
This training meets requirements of the Missouri Omnibus Nursing Act. The course exceeds the required 75 hours classroom instruction and 100 hours of supervised on-the-job training. Class meets twice a week for 20 sessions; each four hours in length. The 104 hours of on-the-job training are in addition to the scheduled class time. Course content includes basic anatomy pertinent to blood collection, as well as communication skills, specimen processing, related interdisciplinary tasks, lab experience of blood drawing techniques and practical experience of blood drawing techniques in the clinical setting. A strict attendance policy is enforced throughout this training. Prerequisites: Student must be 18 years of age; High school diploma or a High School Equivalency Certificate; Test of Adult Basic Education (TABE) Test Letter stating a minimum score of 8.9 on both Vocabulary and Comprehension tests and a minimum score of 7.0 Mathematics Concepts and Application; Family Care Safety Registry-Worker registration letter. Only original letter will be accepted. Letter cannot be older than six months. Register online at www.dhss.mo.gov/FCSR/ to obtain letter. No class dates 3/17, 3/19. Refund/withdrawal deadline: 2/3. No refunds after that date.

**Phlebotomy**

This training program is held from 2/10 - 4/30. Register in person only in Continuing Education at Forest Park, G 322/324. This training prepares the student for entry level employment as a phlebotomist. The course provides classroom, lab instruction and clinical experience. 120 hours of clinical experience is in addition to scheduled class time. Course content includes basic anatomy pertinent to blood collection, as well as communication skills, specimen processing, related interdisciplinary tasks, lab experience of blood drawing techniques and practical experience of blood drawing techniques in the clinical setting. A strict attendance policy is enforced throughout this training. Prerequisites: Student must be 18 years of age; High school diploma or a High School Equivalency Certificate; Test of Adult Basic Education (TABE) Test Letter stating a minimum score of 8.9 on both Vocabulary and Comprehension tests and a minimum score of 7.0 Mathematics Concepts and Application; Family Care Safety Registry-Worker registration letter. Only original letter will be accepted. Letter cannot be older than six months. Register online at www.dhss.mo.gov/FCSR/ to obtain letter. No class dates 3/17, 3/19. Refund/withdrawal deadline: 2/3. No refunds after that date.

**Nurse Assistant for Nursing Homes**

This training meets requirements of the Missouri Omnibus Nursing Act. The course exceeds the required 75 hours classroom instruction and 100 hours of supervised on-the-job training. Class meets twice a week for 20 sessions; each four hours in length. The 104 hours of on-the-job training are in addition to the scheduled class time. Course content includes training in basic nursing skills, fire safety, disaster training, nursing home resident safety and rights, the social and psychological problems of nursing home residents, methods of caring for mentally confused residents such as those with Alzheimer's disease and related disorders, food service, personal care, elimination, restorative nursing, infection control and special procedures. Upon successful completion of the course the student is eligible to take the final examination. A strict attendance policy is enforced throughout this training. Prerequisite: Family Care Safety Registry Worker Registration letter is required at time of registration. Only original letter will be accepted. Letter cannot be older than six months. Register online at www.dhss.mo.gov/FCSR/ to obtain letter. To enroll in this state approved training program the student must be employable in a skilled nursing facility or intermediate care facility in direct resident care. This will be assured by verification with the criminal background check, 5 Panel drug screen, Family Care Safety Registry Worker Registration, state registry for nurse assistants and the EDL. Intermediate or higher proficiency in English is recommended.

**Registration for Phlebotomy opens January 5**

**Nurse Assistant for Nursing Homes**

This training meets requirements of the Missouri Omnibus Nursing Act. The course exceeds the required 75 hours classroom instruction and 100 hours of supervised on-the-job training. Class meets twice a week for 20 sessions; each four hours in length. The 104 hours of on-the-job training are in addition to the scheduled class time. Course content includes training in basic nursing skills, fire safety, disaster training, nursing home resident safety and rights, the social and psychological problems of nursing home residents, methods of caring for mentally confused residents such as those with Alzheimer's disease and related disorders, food service, personal care, elimination, restorative nursing, infection control and special procedures. Upon successful completion of the course the student is eligible to take the final examination. A strict attendance policy is enforced throughout this training. Prerequisite: Family Care Safety Registry Worker Registration letter is required at time of registration. Only original letter will be accepted. Letter cannot be older than six months. Register online at www.dhss.mo.gov/FCSR/ to obtain letter. To enroll in this state approved training program the student must be employable in a skilled nursing facility or intermediate care facility in direct resident care. This will be assured by verification with the criminal background check, 5 Panel drug screen, Family Care Safety Registry Worker Registration, state registry for nurse assistants and the EDL. Intermediate or higher proficiency in English is recommended.

**Registration began December 1**
Pharmacy Technician Certification Training

This training is held from February 12 through June 29, 2015. Required orientation: Monday, February 9, 6 - 8 p.m. Register in person only in Continuing Education at Forest Park, G 322. This training prepares the student for entry level employment as a pharmacy technician. The course provides 105 hours of classroom instruction and 60 hours of externship experience. Class meets twice a week, Monday and Thursday (February 12 - May 21), for 28 sessions; each 3.5 hours in length. The 60 hours of externship experience (May 22 - June 19) follows the classroom experience. Final exam: June 25. Students will learn about the top medications dispensed in the United States and be introduced to the basic concepts of pharmacy calculations for proper medication dispensing. A strict attendance policy is enforced throughout this training. Upon successful completion of the course the student is eligible to take a certification exam. Prerequisites: Student must be 18 years of age; High school diploma or a High School Equivalency Certificate; Test of Adult Basic Education (TABE) Test Letter stating a minimum score of 8.9 on both Vocabulary and Comprehension tests and a minimum score of 7.0 in Mathematics Concepts and Application. Family Care Safety Registry-Worker registration letter: Register online at www.dhss.mo.gov/FCSR/. Only the original letter will be accepted. Letter cannot be older than six months. No class 2/16. Required orientation: Monday, February 9, 6 - 8 p.m. Refund/withdrawal deadline: 2/2. No refunds after that date.

Section available for students using payment plan through MK Education. Student must have approval of MK Education to register. Contact MK Education at 630-541-3600 for details.

AHCE:786 | $2,100
CD0 M 6pm-8pm
Feb. 9
MTh 6pm-9:30pm
Feb. 12 - June 29

Registration began December 1

Central Sterile Processing Technician

Registration began December 1

Whether starting a career in Central Sterile Processing or already working in the field, this program will help you establish a foundation in:

- Central service workflow and concerns
- Basic job knowledge and skills
- Basic job responsibilities

At the end of this program, you'll be prepared to take a national certification exam as well as for entry-level employment as a Central Sterile Processing Technician.

AHCE:788 | $2,000
4D0 MW 6pm-9:30pm
Feb. 23 – June 3

Final Exam:
M 6pm-9:30pm
June 8

Tier 1
This class is for the individual working in the field of Central Sterile Processing who only needs the 100 hours of classroom instruction. This training is held from February 23 through June 3. Class meets twice a week, Monday and Wednesday (February 23 - June 3), for 27 sessions; each 3.5 hours in length. Final exam: June 8. Topics presented in the program include anatomy and physiology, medical terminology, infection prevention and control, tools for cleaning, safety and decontamination. This program will prepare successful students to take a national certification exam.

AHCE:788 | $2,625
4D1 MW 6pm-9:30pm
Feb. 23 – June 3

Final Exam:
M 6pm-9:30pm
June 8

Externship:
M - F
June 9 - Sept. 11

Tier 2
This section is for the individual entering the field of Central Sterile Processing who needs both the classroom instruction and externship. This training is held from February 23 - September 11. Class meets twice a week Monday and Wednesday (February 23 - June 3), for 27 sessions; each 3.5 hours in length. Final exam: June 8 Externship begins June 9 and ends September 11. This program offers the student a direct pathway to success in Central Sterile Processing. Topics presented in the program include anatomy and physiology, medical terminology, infection prevention and control, tools for cleaning, safety and decontamination. This program will prepare successful students to take a national certification exam.

AHCE:788 | $2,625
4D1 MW 6pm-9:30pm
Feb. 23 – June 3

Final Exam:
M 6pm-9:30pm
June 8

Externship:
M - F
June 9 - Sept. 11

A payment plan is available for this program. Individuals must contact and have approval from MK Education to register using the payment plan.
Caregiving at Home Workshop
This workshop will be offered 3/23 through 5/11. Whether you are a family member, a concerned friend, or a community volunteer helping a senior with household tasks, personal and/or health care in the home setting or transportation, this 8-week workshop will provide you with helpful information. Come to the entire workshop or select individual classes that will enable you to ensure the senior continues to thrive during life’s most difficult times of aging. Throughout this workshop resources and support for the caregiver will be addressed. While this course is primarily for the nonprofessional caregiver, portions of the course may be very useful to professionals providing care for family or close friends. Lead Instructor and Series Facilitator: Cathy Flasar MSN, RN. No class 4/20.

AHCE:701 | $129
650 M 6:30pm-9pm March 23 – May 11

Caregiving at Home - Getting Started
The need for caregiving in the home may occur suddenly with an illness or injury or, as with chronic illness or frailty due to aging, it may develop over a period of time. There are a variety of factors to be considered when the need for caregiving arises. Join us for the first evening of the workshop to discuss the beginning of caregiving in the home. Instructor: Cathy Flasar MSN, RN.

AHCE:701 | $29
651 M 6:30pm-9pm March 23 MC - SS, 108

Caregiving at Home - Conditions, Events and the Emotional Experience
This evening’s class will look at conditions and events requiring care in the home and the related stress and emotion experienced by the senior as well as the caregiver. Instructor: Janice Palmer PhD, RN, CNE.

AHCE:701 | $29
652 M 6:30pm-9pm March 30 MC - SS, 108

Caregiving at Home-Eldercare Law and Order
Join us for an interactive presentation on eldercare law. Some of the topics to be presented include Advanced Directives, Living Wills, Power of Attorney, and Trust Funds. Instructor: Christine Alsop

AHCE:701 | $29
653 M 6:30pm-9pm April 6 MC - SS, 108

Caregiving at Home-Medicare: The Basics
This evening’s class will focus on Medicare, the federal health care program for those 65 years and older. Join us for a discussion on Medicare Part A and B, Medicare Part D (Prescription Drugs), Medicare Supplements and Medicare Advantage Plans. Instructor: Shelley Miller.

AHCE:701 | $29
654 M 6:30pm-9pm April 13 MC - SS, 108

Caregiving at Home - Do No Harm: Proper Body Mechanics
How do you safely move a senior in bed, transfer, and assist with walking? Learn the proper body mechanics that will assure the safety of the person being assisted and the caregiver. Please wear flat shoes and slacks for this session. Please note this session which is part of the 8-week Caregiving at Home Workshop will be offered on a Tuesday evening. Instructor: Mary Christman PT, MA Ed

AHCE:701 | $29
655 Tu 6:30pm-9pm April 21 MC - AS, 104A

Caregiving at Home - Basic Care: Hygiene, Nutrition and Fluid Intake
This evening’s class will turn our attention to the hygiene, nutrition needs and fluid intake of the senior. Instructor: Cathy Flasar MSN, RN

AHCE:701 | $29
656 M 6:30pm-9pm April 27 MC - SW, 111

Caregiving at Home - Medications and Pain Management
This week we will discuss medications and current trends in pain management for the senior. Instructor: Cathy Flasar MSN, RN

AHCE:701 | $29
657 M 6:30pm-9pm May 4 MC - SS, 108

Caregiving at Home-Putting It All Together
During this final evening of the Caregiving at Home Workshop we will discuss arrangement of household needs such as shopping, cooking, housekeeping, medical supplies and transportation. Instructor: Cathy Flasar MSN, RN.

AHCE:701 | $29
658 M 6:30pm-9pm May 11 MC - SS, 108

Come to the entire workshop or select individual classes that will enable you to ensure the senior continues to thrive during life’s most difficult times of aging.

Call 314-984-7777 to register beginning January 5!
Withdrawals and Refunds

Since continuing education (non-credit) classes are self-supporting, the decision to run a class is based on the number of people enrolled. The college reserves the right to cancel if sufficient enrollment is not achieved. Registrants will be notified by phone or mail if a class is cancelled. Full refunds will be issued for classes cancelled by the college. If you drop a class, you will receive a 100 percent refund for most classes if the class is dropped one business day before the first meeting. A 50 percent refund will be given for a class dropped within one business day of the first class meeting and before the second class meeting. See the course schedule for classes that require notice beyond one business day for cancellation and eligibility for a refund. Requests of withdrawals should be submitted in writing to the Continuing Education office. Calculation of refunds will be based on the date the written request is received by the office. If you have a situation that warrants an override of the above policy, an explanation of the circumstances should be made in writing to the Continuing Education office. Refunds should be received within 30 days.

Firearms on College Property

Except for licensed police officers, no person shall possess or carry any firearm, visible or concealed, on college property (including college buildings and grounds-leased or owned by the college-college athletic fields and parking lots) or in any college van or vehicle or at college-sponsored activities. College employees, students and visitors who hold concealed carry endorsements as allowed by Missouri law may not carry or bring any firearms, visible or concealed, on college property, owned or leased, or at any college activities.

AHCE CLASS LOCATIONS

Corporate College
3221 McKelvey Road
Bridgeton, MO 63044
314-984-7777

Florissant Valley
3400 Pershall Road
St. Louis, MO 63135
314-513-4200

Forest Park
5600 Oakland Ave.
St. Louis, MO 63110
314-644-9100

Meramec
11333 Big Bend Road
St. Louis, MO 63122
314-984-7500

Wildwood
2645 Generations Drive
Wildwood, MO 63040
636-422-2000

South County Education & University Center
4115 Meramec Bottom Rd.
St. Louis, MO 63129
314-984-7200

William J. Harrison Education Center
3140 Cass Avenue
St. Louis, MO 63106
314-763-6000

Nursing Home Administration

Offerings pending approval by the Missouri Board of Nursing Home Administrators. Sessions must be attended in their entirety to obtain certificate and clock hours.

Course Number: AHCE 734 550
Supporting Quality Outcomes Through the Use of Interact III
Course description found on page 5.

Course Number: NURS 706 450
Pharmacology Update: Cardiac Medications
Course description found on page 5.

Course Number: NURS 777 650
Diabetes Update 2015
Course description found on page 5.
Individuals with speech or hearing impairments may call via Relay Missouri by dialing 711.

**Registration is Easy!**

**Mail**
Complete the registration form (below) and mail with check (payable to St. Louis Community College) to: STLCC Continuing Education, 3221 McKelvey Road, Suite 250, Bridgeton, MO 63044

Students who register by mail should assume they are registered unless otherwise notified. A registration confirmation is mailed to students who register by mail; however, the confirmation may not be received prior to the beginning of the class. If you have enrollment questions, please call Continuing Education: 314-984-7777.

**In Person at STLCC**
Meramec, Florissant Valley, and Forest Park: M–F 8:30am–4pm

You may want to first call the Continuing Education office at 314-984-7777, to check that openings exist.

**Telephone: 314-984-7777**

*Before calling to register, have this information ready:*

1. Course Title / Course Code (letter prefix with number) / Section Number
2. Student Contact Info (name / address / phone number)
3. Student Social Security Number or UIN
4. Credit Card Number with Expiration Date

**Visit www.stlcc.edu/ce**

where you can view current class offerings and to register for classes.

Enrollment in classes within this brochure, except for youth section classes, is limited to persons 16 years or older.

**Registration Deadline**

All non-credit courses are limited in enrollment. Advanced registration is required.

**Automatic Bank Payment (ACH)**

All checks will be converted to an electronic Automated Clearing House (ACH) transaction whether the payment was made in person or mailed.

**Mail-In Registration form Please print in ink.**

*Please register me for the following courses:*

<table>
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<tr>
<th>Course Code</th>
<th>Section</th>
<th>Course Title</th>
<th>Day/Time</th>
<th>Fees</th>
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</table>

**Total**

☐ Male  ☐ Female

Senior Citizen?
☐ Yes  ☐ No

**Check Payment:**

*Please make checks payable to St. Louis Community College, and mail with form (address above).*

**Credit Card Payment:**

Charge fees to:
☐ MasterCard
☐ VISA
☐ Discover
☐ American Express

Email Address: ____________________________

UIN or Student#: ________________________  Birthdate: ________________________

Name: ____________________________________________________________________________

LAST FIRST MIDDLE INITIAL

Address: ____________________________________________________________________________

STREET OR POST OFFICE BOX

CITY STATE ZIP CODE

Telephone/Home: ________________________  Work: ________________________

______________________________________________________________________________

CARD NUMBER

Expiration Date: ________________________

Signature: ________________________________________________________________________

________________________
Non Discrimination and Accommodations statements

St. Louis Community College is committed to non-discrimination and equal opportunities in its admissions, educational programs, activities, and employment regardless of race, color, creed, religion, sex, sexual orientation, national origin, ancestry, age, disability, genetic information, or status as a disabled or Vietnam-era veteran and shall take action necessary to ensure non-discrimination. Sexual harassment, including sexual violence, is also prohibited.

For information or concerns related to discrimination or sexual harassment, contact Bill Woodward, Associate Vice Chancellor Student Affairs, 314-539-5374.

If you have accommodation needs, please contact Anne Marie Schreiber at 314-984-7704 at least two working days prior to the event.