Spring 2014 Child Care Training

A special community service provided by the Florissant Valley Family and Consumer Sciences Department and Continuing Education.

Funded in part by the Missouri Department of Elementary and Secondary Education.

For more information, call Darlene Neil at 314-513-4391.

To register, call 314-984-7777.

January 2!

Child Care Training Locations

- St. Louis Community College Florissant Valley
  3400 Pershall Road, 63135

- St. Louis Community College Forest Park
  5600 Oakland Ave, 63110

- St. Louis Community College Meramec
  11333 Big Bend Road, 63122

- St. Louis Community College William J. Harrison Education Center
  3140 Cass Ave, 63106

- St. Louis Community College South County Education & University Center
  4115 Meramec Bottom Road, 63129

- St. Louis Community College Wildwood
  2645 Generations Dr, 63040

- Hixson Middle School
  630 South Elm Ave, 63119

- Lindbergh Senior High School
  4900 South Lindbergh, 63126

Caring for Kids
Continuing Education
Discipline for School-agers
Learning to manage groups of school-agers (ages 5-10) is always a challenge. We will look at ways to enrich the environment and increase developmentally appropriate choices for school-agers to reduce discipline challenges. You will gain positive techniques and tips to manage group activities and your day will go smoother.

CCPR:702 | $15
552 Tu 7pm-9pm | Geraldine Jasper
May 13
FV - CDC, DINING RM
770 W 7pm-9pm | Geraldine Jasper
May 14
Hixson Mid. School, 117

Discipline and Guidance of Young Children

CCPR:702 | $30
480 Sa 9am-1pm | Geraldine Jasper
Feb. 8
580 Sa 9am-1pm | Geraldine Jasper
March 8

Discipline for Young Children
Learning to manage behavior with groups of children is always a challenge. You will learn techniques to reduce targeted behaviors and promote positive peer interactions.

CCPR:702 | $15
350 Tu 7pm-9pm | Geraldine Jasper
Feb. 18
550 Tu 7pm-9pm | Geraldine Jasper
March 4
SCEUC, 100

Discipline for Toddler and Twos
Do you think of “Terrible Toddlers and Twos” or “Terrific Toddlers and Twos”? Knowing how to manage this age group and understanding their development will get you thinking “Terrific Toddlers and Twos”? You will explore many positive ways to work with this age group.

CCPR:702 | $15
551 Tu 7pm-9pm | Geraldine Jasper
April 1
SCEUC, 100
351 Tu 7pm-9pm | Geraldine Jasper
April 1
WW, 209
551 W 7pm-9pm | Geraldine Jasper
April 23
FW - CDC, DINING RM
450 Tu 7pm-9pm | Geraldine Jasper
April 29
FF - G Tower, 115

Making Sensory Exploration Materials: Playdough, Goop, and More
Come to this hands-on workshop and learn the importance of sensory exploration materials in the classroom. You’ll make several “mixtures” and will receive recipes for all the creative doughs.

CCPR:703 | $15
550 Th 7pm-9pm | Holly Aslin
Feb. 13
FV - CDC, 112
780 W 7pm-9pm | Holly Aslin
April 30
Lindbergh Sr. H.S., 31

Parachutes, Streamers, and More: Fun Movement Activities for Young Children
Experience new, fun movement activities that you can incorporate into your daily schedule as a way to combat weight gain in children.

CCPR:703 | $15
551 Th 7pm-9pm | Holly Aslin
April 10
781 W 7pm-9pm | Holly Aslin
April 16
Lindbergh Sr. H.S., 46

Nurturing Toddlers and Twos - Encouraging Self Help Skills
Embrace those incredible independent toddlers and twos by implementing simple self-help skills in the classroom or home. 18-month olds wiping their own nose? Absolutely! Two-year olds helping make lunch? You bet! By allowing independence you will see less temper tantrums and more smiles!

CCPR:707 | $15
550 Th 7pm-9pm | Lisa Gahan
March 6
780 M 7pm-9pm | Lisa Gahan
Feb. 10
Lindbergh Sr. H.S., 46
550 Th 7pm-9pm | Lisa Gahan
May 1
SCEUC, 101

Understanding the Temperaments of Infants and Toddlers
Infants come into the world with different temperaments that influence their behavior and relationships with their caregivers both at home and in child care. This workshop will introduce the key concepts of temperaments and temperament types. Caregivers will gain an understanding of how they can be more responsive to infants and toddlers in their care.

CCPR:707 | $15
450 M 7pm-9pm | Gloria Hampton
April 14
551 Th 7pm-9pm | Gloria Hampton
May 1
FV - CDC, 112

How to Use Music and Movement Throughout the Day
Songs and movements make transitions fun and help children tune in when they appear to be tuned out. Even if you can’t sing you can make a song out of anything.

CCPR:708 | $15
450 M 7pm-9pm | Rose Anderson-Rice
May 5
550 Th 7pm-9pm | Rose Anderson-Rice
March 27
FV - CDC, 112

Science Activities for Young Children
Science is all around us! Learn to help children explore science through a variety of hands-on activities both inside the classroom and outdoors.

CCPR:710 | $30
480 Sa 9am-1pm | Geraldine Jasper
Jan. 25
FV - G Tower, 119

ATTENTION!
Bring Your State MOPD ID # to ALL Workshops.
The state is requiring the ID on the Sign-In Sheet for all clock-hour training.

To obtain or to look up your MOPD ID # go to www.openinitiative.org

Nature and Young Children Seminar - 6 clock hours
The morning session: No Child Left Inside - Outdoor Play to Explore Nature and Science! Explore the natural world outside through new fun science activities you can integrate into your daily schedule. Help children wonder, explore, and discover with hands-on activities planned for the outdoors.

The afternoon session: Connecting with Nature - Gardening and Cooking with Children! Encourage healthy eating as you help children learn about fruits and vegetables; and take produce from the garden to the table. Hands-on simple recipes, cooking activities and gardening tips will be shared. Our goal is to encourage children to learn to taste, eat and enjoy more fruits and vegetables. You will see new teaching materials - Early Sprouts Cook Book and “Lana’s Favorite Recipes.” Box lunch included.

CCPR:710 | $39
680 Sa 9am-3:30pm | Geraldine Jasper
March 22
580 Sa 9am-3:30pm | Geraldine Jasper
April 5
FV - CDC, 112

Do you know your MOPD ID number?
To obtain or to look up your MOPD ID, go to www.openinitiative.org
Help Your Children Enter The Wonderful World of Books - Second Set of Books

Are you looking for ways to help young children fall in love with books and stories while they gain valuable language skills? Come discover fresh, fun techniques for sharing books with young children. Participants will receive a set of seven (7) children’s books: Moo La La; Ten, Nine, Eight; Each Peach Pear Plum; The Hello, Goodbye Window; Frederick; The Napping House and Harold and the Purple Crayon. Presented by Annette Harrison, dynamic educator and storyteller.

CCPR:718 | $25
580 Sa 12pm-3pm Jan. 18
680 Sa 12pm-3pm April 5

Language Development - Birth to Age Five

This workshop discusses brain development, the importance of reading to language development, age appropriate books, developmental milestones, and appropriate activities for each milestone. Co-sponsored by St. Louis Learning Disabilities Association.

CCPR:718 | $15
781 M 7pm-9pm March 10 Lindbergh Sr. H.S., 46

Emergent Literacy - Helping Children Want to Become Readers and Writers

What are literacy, emergent literacy, intentional teaching or Missouri standards? Come explore new ways to think about literacy and language. You will gain creative ideas for helping young children want to become readers and writers. With hands-on activities in the book/library center, art/writing center, and through-out the classroom children become engaged in emergent literacy.

CCPR:718 | $15
780 W 7pm-9pm May 14
550 Th 7pm-9pm Feb. 13

Asking Questions: Encouraging Children’s Thinking

Throughout all the learning areas - blocks, dramatic play, books, science, and others - encourage critical thinking, creativity, and problem-solving by asking questions. Learn many techniques for asking questions in your everyday activities with children.

CCPR:721 | $15
550 Tu 7pm-9pm Feb. 4 Geraldine Jasper

Understanding Autism

Characteristics of autism spectrum disorder and how symptoms can affect each child in a unique way will be discussed. You will learn of methods for working with these children and available community resources. Co-sponsored by St. Louis Learning Disabilities Association, Inc.

CCPR:723 | $15
551 Th 7pm-9pm Feb. 27
770 M 7pm-9pm April 14
351 Tu 7pm-9pm May 6

Planning Transitions to Prevent Challenging Behaviors

Transitions are the times in the day when children move or change from one activity to another. Challenging behavior is more likely to occur when transitions are not planned as part of the daily schedule. Through this workshop, you will gain a “transition tool kit” of ideas to make your transition times go more smoothly.

CCPR:724 | $15
550 Th 7pm-9pm May 8 Holly Aslin

Surviving Nap Time: Creative Ways to Make Nap Time a Pleasant Experience

Learn to make nap time a peaceful and relaxing experience for both children and adults. You’ll discuss appropriate expectations.

CCPR:727 | $15
770 W 7pm-9pm Feb. 26
550 W 7pm-9pm Feb. 19

For Child Care Providers - Keeping Kids Safe in Today’s World

Lockdown, intruder guidelines, social media issues, identify security all are factors to plan for in the 21st century. We will discuss many security factors that can affect children’s safety in your center or home day care.

CCPR:765 | $15
550 Th 7pm-9pm March 20 Sally Brooks

Child Care Clock Hour Training

Clock Hour Certificates are granted for all CCPR workshops and seminars. If you have questions or need more information about CCPR workshops and seminars for Child Care Providers, call the Caring for Kids Program at 314-513-4391.

You must arrive on time to get the full amount of clock hours for each workshop.

College policy states that you cannot take children to class or leave them in the hall during class. For the child’s safety, unattended children may be picked up by campus police.

Child Care Provider: Heartsaver Pediatric First Aid CPR/AED

The Heartsaver Pediatric First Aid CPR/AED course is designed to meet the clock hour requirement for child care workers in Missouri. It teaches child care providers and others to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. It covers the four steps of first aid and first aid skills such as finding the problem, stopping bleeding, bandaging and using an Epinephrine pen, as well as child CPR/AED, infant CPR and modules in adult CPR/AED, child mask, infant mask and Asthma Care Training for Child Care Providers. Registration one week prior to course start date is required. Due to the nature of the course you must arrive on time. No admittance after stated start time. Half Hour Lunch Break – Bring a Sack Lunch.

CCPR:711 | $97
480 Sa 8:15am-4pm Feb. 15
680 Sa 8:15am-4pm Jan. 25
580 Sa 8:15am-4pm March 1
681 Sa 8:15am-4pm April 26
581 Sa 8:15am-4pm May 17

Supporting and Involving Families - Creating Partnerships for Learning

Families are the most important people in a child’s life. Learn methods to reach out to parents and families to help them become partners in their child’s education. How can you support families? What questions and concerns do parents have? How can you build and create partnerships for learning?

CCPR:714 | $15
550 Th 7pm-9pm Gina Dattilo
March 20
770 W 7pm-9pm Gina Dattilo
Hixson Mid. School, 117
170 W 7pm-9pm Gina Dattilo
FP - G Tower, 119
780 W 7pm-9pm Gina Dattilo
Lindbergh Sr. H.S., 46
550 Th 7pm-9pm Gina Dattilo
Lindbergh Sr. H.S., 46

How and When to Talk to Parents

Gain helpful methods for communicating your concerns with parents about their child’s education. Specific consultation strategies and techniques are demonstrated. Discussion of how to talk to parents to build and maintain positive relationships. Co-sponsored by Missouri Learning Disabilities Association, Inc.

CCPR:714 | $15
781 M 7pm-9pm March 20
451 M 7pm-9pm Jan. 27

Starting a Family Child Care Business

Learn what it takes to start and operate a successful child care business. Everything from marketing to meals and the learning environment will be discussed. Whether you have been in business a while or you are ready to embark on a new venture as a family care provider, this class will help make your family child care successful and profitable.

CCPR:715 | $30
580 Sa 9am-1pm Lisa Gahan
Jan. 18

Language Development - Phonological Awareness and Alphabetical Knowledge


CCPR:718 | $15
782 M 7pm-9pm March 24

Enrollment is required. Due to the nature of the course you must arrive on time. No admittance after stated start time. Half Hour Lunch Break – Bring a Sack Lunch.
### Mail-In Registration Form

**Please print in ink.**

**Mail**

Complete the registration form (below) and mail with check (payable to St. Louis Community College) to:

**STLCC Continuing Education, 3221 McKelvey Road, Suite 250, Bridgeton, MO 63044**

Students who register by mail should assume they are registered unless otherwise notified. A registration confirmation is mailed to students who register by mail; however, the confirmation may not be received prior to the beginning of the class. If you have enrollment questions, please call Continuing Education: 314-984-7777.

### In Person at STLCC Continuing Education Offices M-F 8:30 am - 4 pm

**Meramec**

802 Couch Avenue  
St. Louis, MO 63122

**Florissant Valley**

At the Center for Workforce Innovation  
3400 Pershall Rd., Ferguson, MO 63135

**Forest Park**

Forest Park, G Tower-320-322  
5600 Oakland Ave., St. Louis, MO 63110

You may want to first call the Continuing Education office at 314-984-7777, to check that openings exist.

### By Phone

Call to complete your registration by charging fees to MasterCard, Visa, American Express or Discover.

**Telephone: 314-984-7777**

Before calling to register, have this information ready:

1. Course Title / Course Code (letter prefix with number) / Section Number  
2. Student Contact Info (name / address / phone number/email address)  
3. Student Number or UIN  
4. Credit Card Number with Expiration Date

### Mail-In Registration Form

**Please print in ink.**

Please register me for the following courses:

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<th>Section</th>
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**Total**

- Male  
- Female

- Senior Citizen?  
  - Yes  
  - No

**Check Payment:**

Please make checks payable to St. Louis Community College, and mail with form (address above).

**Credit Card Payment:**

Charge fees to:

- MasterCard
- Visa
- Discover
- American Express

**Expiration Date:**

**Signature:**

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